

Foundation

A Member of Trinity Health

ST. JOSEPH'S HEALTH FOUNDATION

ANNUAL REPORT FY 2024



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Dear St. Joseph's Health Family,

On behalf of the St. Joseph's Health Foundation, I would like to offer my deepest gratitude for your generous support of the St. Joseph's Health system this past fiscal year. Thanks to over 1,000 donors and grantors, the St. Joseph's Health Foundation raised a record \$8.2 million in fiscal year 2024. These dollars went on to support so many different initiatives including service line equipment and programmatic efforts, scholarship support at the College of Nursing, and community programs.

We hosted several amazing events this past year including the Golf Classic, Annual Gala Dinner Dance, Circle of Caring Donor Appreciation Dinner, and St. Joseph's Appreciation Day Breakfast where we had the opportunity to recognize members of our St. Joseph's Health family for their efforts on behalf of St. Joseph's Health and our Central New York Community. Along with being honored as one of this year's recipients, I would also like to congratulate my fellow awardees: American Food & Vending Corp., Kara Kort, MD, Dr. William and Merriette Pollard, and James Tucker, MD.

Lastly, we had the opportunity to celebrate the St. Joseph's College of Nursing which celebrated its 125th Anniversary in October 2023. Since the College was founded in 1898 by the Sisters of St. Francis, over 6,000 men and women have graduated within its halls. In conjunction with the College's anniversary, the Foundation implemented the 125th Anniversary Campaign with the goal to raise \$1.25 million by the end of 2024. I am happy to report that we surpassed that goal in late-May of this year and continue to raise much needed funds to recruit nursing students as St. Joseph's College of Nursing continues to be the main resource in securing highly skilled nurses for the hospital, healthcare facilities in our region, and beyond.

As my term as the Chair of the St. Joseph's Health Foundation expires at the end of this year, I would like to thank you all for your continuous support of St. Joseph's Health. It has been an honor to serve on the Foundation board over the past decade. I am grateful to the people I have met and the donors who have paved the way for the Foundation to support the St. Joseph's Health system. Thank you for your inspiration and truly making a difference in all that we do!

Sincerely,

Laura L. Spring, Esq., Chair

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Board of Directors

St. Joseph's Health Foundation



SUPPORTING THE ST. JOSEPH'S DIFFERENCE

Donors Loretta and Jim Quigley

Early in her nursing career, Loretta Quigley, Ed.D., taught at the Syracuse University College of Nursing, worked in the emergency department at Community General Hospital, and served as a public health nurse for the Onondaga County Health Department. But it was at St. Joseph's College of Nursing that she found her home.

"At St. Joe's, you always got the feeling that you were family," she says. "People meant a lot to each other; administrators knew your name and would greet you in the hallway. It was different from the other hospitals in Syracuse."

Dr. Quigley joined the St. Joseph's College of Nursing as teaching faculty, spending summers working as a nurse in the hospital. Over time, she moved up the ladder, becoming Assistant Director, Associate Dean and finally, Academic Dean. "It is a great place to work, mostly because of the mission, the culture, and the people."

As a teacher and administrator, Dr. Quigley worked hard to educate nurses who were not only professionally equipped but also shared those institutional values. "It's about treating patients as if they were family. We called it the mother test," she says. "If that were your mother in the bed, how would you treat them?"

Although she retired in 2018, Dr. Quigley is still integrally involved with St. Joe's, serving as president of the St. Joseph's Auxiliary and as a member of the St. Joseph's Health Foundation Board of Directors. She chaired the search committee for a new College of Nursing dean and is currently a consultant for the College, assisting with its reaccreditation process.

In addition to giving her time and talent, she and her husband, Jim, have long patronized events that support both the College of Nursing and hospital, ranging from the recent College of Nursing 125th anniversary celebration to the annual golf tournament and gala dinner dance.



"We donate because St. Joseph's Health Hospital and the College of Nursing are creating programs that offer meaningful solutions to relevant problems in the community," says Dr. Quigley. "Philanthropy for us is about love, the joy of giving, and making a difference."

While he'd be happy to support St. Joseph's simply because of his wife's involvement, Jim has his own commitment to the institution. A Syracuse native, he was born at St. Joe's, as they fondly refer to the Hospital, and has chosen it for his own surgical needs. "The level of care really is different," says Jim, whose mother and grandmother were also members of the Auxiliary. "The hospital is an integral part of the community that needs to be supported."

The Quigleys originally met as undergraduate students at Villanova University, where Loretta studied nursing and Jim majored in business. Loretta and Jim reconnected when she relocated to Syracuse with her sister, both to pursue master's degrees at Syracuse University.

After working for several businesses in the cable industry, Jim became an entrepreneur and launched his own pick-up and delivery dry cleaning business. He is now retired. A musician since he was a youngster, he continues to enjoy singing and playing guitar.

Loretta continued her education while working, earning certification as a nurse educator through the National League for Nursing and an Education Doctorate (Ed.D.) in Executive Leadership from St. John Fisher College. Her dissertation focused on men in nursing.

"Half of the population is male, yet only 10 percent of the nursing profession are men," she says, continuing to teach as an adjunct instructor at Le Moyne College at St. John Fisher. "I think that's an important piece to consider when looking at nursing education, particularly because there's such a nursing shortage."

She believes St. Joseph's College of Nursing is on the right track. "Certainly, all nurses should be educated in the best way possible to give the best care to their patients," she says. "But we really do believe that the College of Nursing at St. Joe's is a special place. It's the jewel of the organization."

"It is a great place to work, mostly because of the mission, the culture, and the people."

St. Joseph's Health Foundation

CIRCLE OF CARING DONOR APPRECIATION DINNER

St. Joseph's Health Foundation welcomed 60 guests at the Circle of Caring Donor Appreciation Dinner on November 2, 2023. The annual event - which is a benefit of being a St. Joseph's Health Circle of Caring member – is held each fall to honor and appreciate our Circle of Caring members.

The guests enjoyed a social cocktail hour, followed by a sit-down dinner and dessert. The evening included a presentation by Dr. Lenore Boris, Dean of St. Joseph's College of Nursing. Highlights of the presentation included the College of Nursing's 125th Anniversary Campaign.

Mission driven since opening its doors in 1869, St. Joseph's has been committed to providing a higher level of care for all those in need, throughout our Central New York Community, regardless of their background or circumstances.

Gifts to the Circle of Caring enable St. Joseph's to provide enhanced patient care and comfort, and to keep our dedicated staff at the forefront of the newest

joining today.



during cocktail hour.

St. Joseph's Health

WALKWAYS OF CARING

St. Joseph's Health Walkways of Caring are located in several beautiful courtyard settings on the hospital campus. The walks are paved with engraved commemorative 8" x 8" bricks along with engraved park benches.

The walkways offer the opportunity to honor or memorialize a friend, family member, military hero, or someone who has had an impact on the life of a patient, hospital colleague, or community member.

Locations include the St. Francis Garden at the front of the hospital; Walk of Valor, at the flagpole in front of the hospital, which pays tribute to veterans, reservists, and active-duty military personnel; St. Joseph's Circle, around the statue of St. Joseph; and Caritas Park (Latin for "charity" or "love"), in front of St. Joseph's College of Nursing which honors nurses, alumnus, faculty, and staff from the College.

Your tax-deductible gift toward a brick or bench will help support several programs throughout the St. Joseph's Health system. Bricks are installed, weather permitting, in the spring and fall of each year. A very limited number of engraved benches are available.

For more information about our Walkways of Caring, contact St. Joseph's Health Foundation at (315) 703-2137 or foundation@sjhsyr.org.





St. Joseph's Health Foundation 29TH ANNUAL GOLF CLASSIC

St. Joseph's Health Foundation welcomed nearly 300 golfers on Thursday, September 5, 2023. The event was held on three award winning courses at the Turning Stone Resort Casino in Verona, NY – Atunyote, Kaluhyat, and Shenendoah. The Golf Classic is one of the region's most anticipated charity golf events. Since its inception, the fundraising event has netted over \$4.8 million.

In keeping with St. Joseph's mission, these important funds allow us to continue to serve our Central New York community. Proceeds from this year's tournament will benefit Technology Advancements for the St. Joseph's Health Surgery Program.

"We are so grateful for the ongoing, dedicated support of the Golf Classic. Special thanks to our presenting sponsor – Syracuse Orthopedic Specialists, PC; other generous and loyal supporters; the Golf Classic committee; and the 50+ volunteers it takes to make the Classic a success", said Pamela Kleine, Tournament Director and Director of Corporate and Foundation Relations. "We thank them for their continued support of our mission."

St. Joseph's Health Foundation accepts donations year-round. To donate, contact the Foundation at 315.703.2137, or visit the website at foundation.sjhsyr.org.



St. Joseph's Health

PEARL ANNIVERSARY GALA

Pearl: a symbol of wisdom, honesty, and love

St. Joseph's Health held its 30th Annual Gala – Pearl Anniversary Gala - at the OnCenter in Syracuse, NY on Friday, May 31, 2024.

An annual springtime fundraising event, the black-tie-optional Gala offers an evening of dinner and dancing to live music while raising important funds for St. Joseph's Health system. Since its inception in 1992, the Gala has netted more than \$6.4 million.

St. Joseph's Health has been mission driven for 155 years, and St. Joseph's College of Nursing has followed suit for 125 years. It is a defining moment in the history of health care as the United States is faced with an overwhelming shortage of nurses. To that end, proceeds from the Pearl Anniversary Gala benefitted St. Joseph's College of Nursing – Building our Endowment to Support the Future of Nursing – which will provide partial and full scholarships to students who express financial need.

The Pearl Anniversary Gala welcomed 500 guests which included generous donors and supporters, business and community leaders, physicians, nurses, members of St. Joseph's Boards, colleagues, and volunteers. Once again, our non-profit partner, AmFund, offered several once-in-a-lifetime-bucket-list trips in the silent auction, which featured other high-end donated items from many local businesses.

Everyone who supported the Gala is a partner in our future. Thank you for your continued support!









ST. JOSEPH'S DAY APPRECIATION BREAKFAST

St. Joseph's Health Foundation held its Annual St. Joseph's Day Appreciation Breakfast on Tuesday, March 19, 2024, at the DoubleTree by Hilton in East Syracuse, NY.

It is an honor and a privilege to thank those who give so freely of their time, talent, and treasure in support of St. Joseph's Health, St. Joseph's Health Foundation, and the people in our community and surrounding region.

This annual event allows us to celebrate our namesake, St. Joseph, and our hospital founder, St. Marianne Cope. Their tireless dedication to serve others was remarkable. Following in their footsteps, St. Joseph's Health Foundation works tirelessly to further the system's mission of service to the residents of

Central New York. St. Joseph's remains steadfast to its founder's principles and mission through our continued commitment to transform health care by providing the high-quality health care to every patient, every day.

The event is held each year on or about St. Joseph's Day - March 19. The honorees at the 2024 St. Joseph's Day Breakfast included: James Tucker, MD, Dr. William and Merriette Pollard, Kara Kort, MD, Laura Spring, Esq., and American Food & Vending Corp. (The Wells Family, Owners and Founders).

St. Joseph's Day Breakfast – L to R: Vince Kuss, Vice President for Development, St. Joseph's Health Foundation; James Tucker, MD; Dr. William and Merriette Pollard; Kara Kort, MD; Laura Spring, Esq.; Joshua Wells, Co-Owner, American Food & Vending Corp. (not pictured, Martin Wells, Co-Owner); and Meredith Price, Senior Vice President Acute Operations, St. Joseph's Health

GRANT FUNDING

More than \$6.7 million in Grant Funding Awarded to St. Joseph's Health in FY2024

Community Health and Well-Being

Hospitals are often central to their communities and are committed to improving the health and wellbeing of the people they serve. As a community cornerstone, St. Joseph's Health offers a variety of programs that aim to help meet the needs of Central New York, many of which are funded by grants. In FY2024, community health and well-being grant programs were designed to help people access healthy food, job opportunities, transportation, and a healthy environment.

Behavioral Health

St. Joseph's Health Hospital is the largest provider of behavioral health services in Central New York for individuals of all ages that range from inpatient and outpatient to residential, mobile crisis outreach and emergency psychiatric care. St. Joseph's is a state designated Community Mental Health Center and the hospital's psychiatric emergency room (CPEP) is the only one serving the Central New York region. The continuity of treatment provided by teams of professionals is made possible, in part, through grants that support St. Joseph's continuity of behavioral health services.

College of Nursing

Celebrating 125 years of impact on the healthcare profession, St. Joseph's College of Nursing focused grant-funded programs on enhancing educational opportunities for students with disabilities, updating simulation equipment, expanding library offerings, and securing scholarships for future student nurses.

Emergency Management

Hospitals such as St. Joseph's Health are a key part of a community's emergency management and health system and are expected to play a vital role in improving community health. In part, grants support hospital efforts to maintain the delivery of high-value healthcare services in the face of local, state, and national emergencies.

Community Health and Well-Being

FOOD FARMACY

In 2021, St. Joseph's Health launched the Food Farmacy program to support patients with uncontrolled type 2 diabetes who were also experiencing food insecurity. Utilizing lessons learned from the Food Farmacy's pilot, St. Joseph's Health expanded the program's scope in 2023 by increasing from one to three Food Farmacy sites found at Primary Care Centers Main and West, and Outpatient Behavioral Health. The program was also moved beyond the brick and mortar of the Hospital, where a network of community-based organizations serve the residents of Syracuse. Recognizing the greater need, a \$375,000 grant award in FY2024 from the **Mother Cabrini Health Foundation** expanded the Food Farmacy to support patients who are food insecure with any chronic condition, as well as to work closely with community partners across the city to increase program impact and help refugees and immigrants access culturally appropriate, healthy foods.



OUTSIDE IN, INSIDE UP

The Mother Cabrini Health Foundation awarded \$375,000 to develop "Outside In, Inside Up" - a 2-part workforce development program that collaborates with community-based organizations that offer job readiness training as a way to broaden program outreach and increase program awareness. "Outside In" focuses on removing barriers to employment for low-income, refugee and immigrant populations, and medical professionals trained in other countries, proactively reaching out to engage individuals interested in entrylevel positions (i.e., patient care technicians, hospital security, environmental services, patient transporters, etc.) to share job opportunities and help them prepare for greater success during the application-interview process. "Inside Up" aims to create career advancement pathways that support success and growth for current St. Joseph's Health staff and new hires, enabling colleagues to achieve their career goals.

SYRACUSE PARKS CONSERVANCY

The Syracuse Parks Conservancy awarded a \$2,000 Neighborhood Greening Grant to St. Joseph's Hospital Health Center. Funds were used to hold two park clean-up events – one in April 2024 for Earth Day and the other in July 2024 so that hospital, community, and first responder volunteers could refresh the park's beauty and usability. Both events were held at the James McGroarty Park; James McGroarty was a 20-year veteran fire investigator who died on a fire scene

in 1999. In line with the Hospital's commitment to the community it serves, cleaning up the park helped increase the appeal of the community and made the space safer for residents to use and enjoy. In addition to cleaning and removing trash from the park, new greenery, a tic-tac-toe board and colorful rock garden, and a picnic/gaming table were also installed.



College of Nursing

FLORA BERNICE SMITH FOUNDATION

To allow students to practice clinical skills in a safe, controlled environment that mimics real-world scenarios, the **Flora Bernice Smith Foundation** granted \$16,000 to St. Joseph's Hospital Health

Center Foundation so the College of Nursing could upgrade patient care equipment used during simulation training offered in the Meccariello Center for Experiential Learning. Students participate in simulation throughout the nursing program, building upon concepts to participate in simulation scenarios using blood pressure and intravenous trainers, crash carts, and cardiac monitors, in addition to other advanced technology.



NEW YORK STATE EDUCATION DEPARTMENT

The **New York State (NYS) Education Department** granted \$55,440 to offer tuition assistances and other support for ACCES-VR (Adult Career and Continuing Education Services) participants who are attending St. Joseph's College of Nursing. ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

A \$4,512 Library Collection Aid grant from the **NYS Education Department** was awarded to St. Joseph's College of Nursing to help expand the collection of books, journals, software, and other library resources available to student nurses, faculty, medical staff, and other library patrons.

The NYS Education Department awarded a \$2,727 grant to be used to enhance supports and services, and remove barriers to an equitable education, for students with disabilities who are enrolled at St. Joseph's College of Nursing. Funds were used to enhance the College's Wellness Room, to provide quiet space where students relax and step away from busy academic and clinical schedules, and access valuable tools that help reduce stress and anxiety and learn tips for overall wellness. The Student Success Coordinator was also supported through professional development opportunities.

DOROTHY & MARSHALL M. REISMAN FOUNDATION

The **Dorothy and Marshall M. Reisman Foundation** granted \$25,000 toward St. Joseph's College of Nursing Scholarship Campaign. This gift was matched \$25,000 by St. Joseph's Health Foundation to create the \$50,000 Reisman Foundation Endowed Scholarship which will award tuition assistance in perpetuity to students with financial need who reside in Onondaga County.

CENTRAL NEW YORK LIBRARY RESOURCE COUNCIL

A \$3,300 grant was received from the **Central New** York Library Resource Council (CLRC) to be used by the College of Nursing at St. Joseph's Health for the expansion of library collections, databases and/or technology. This CLRC grant is awarded through the New York State Hospital Library Services Program.



Behavioral Health

NYS OFFICE OF MENTAL HEALTH

Garrett Lee Smith (GLS) Zero Suicide grants are awarded to help develop and facilitate implementation of suicide prevention programs. Awarded by the NYS Office of Mental Health, a \$45,000 GLS grant to St. Joseph's Hospital Health Center will be used in support of prevention and treatment services for youth ages 10-24 years. This is the fifth year of a 5-year grant award. The Zero Suicide framework is used to incorporate systematic screening, identification, intervention, and monitoring into routine clinical procedures.

By 2030, growth in demand for all physicians in NYS will likely outpace growth in the supply of physicians, particularly psychiatrists. To support licensed community mental health programs in the recruitment and retention of psychiatrists and psychiatric nurse practitioners, the NYS Office of Mental Health awarded \$30,000 over three years, in the form of a **OMH Community Mental Health Loan Repayment Program** (OMH CMHLRP) grant, to St. Joseph's Hospital Health Center to support loan repayment for existing or newly hired select behavioral health professionals (i.e., licensed master social workers, licensed mental health counselors, licensed marriage and family therapists, and licensed creative arts therapists) in designated community mental health settings throughout NYS.

The New York State Office of Mental Health awarded \$478,999 over five years to implement Zero to Three's **HealthySteps** program at St. Joseph's Primary Care Center Main. HealthySteps is an evidence-based program for children ages 0-5 years that integrates a child development specialist into a child's primary care team. Through the program, parents obtain the support, knowledge, and resources they need to foster not only their child's physical development but also their social, emotional, cognitive, and behavioral development. HealthySteps leads to outcomes

that include increases in well-child visits, scheduled immunizations, and positive parent-child interactions such as reading to their child(ren).

To help preserve access to **St. Joseph's PROS (Personalized Recovery Oriented Services)** program, the NYS Office of Mental Health awarded a \$97,286 American Rescue Plan Act (ARPA) grant to St. Joseph's Hospital Health Center. PROS is a comprehensive model that integrates rehabilitation, treatment, and support services for people with serious mental illness. ARPA funds are intended to increase the capacity for provision of offsite services, one-on-one services, improvement of telehealth infrastructure, program specific staffing investments including peers and rehabilitation staff, outreach efforts and activities related to rebuilding program censuses.

A \$49,500 Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) grant from the NYS Office of Mental Health was awarded to expand access to services. Funds are, in part, being used to provide specialized training for behavioral health staff to enhance treatment access and outcomes for individuals in need of complex and specialized treatment.

The NYS Office of Mental Health awarded a grant to St. Joseph's Hospital Health Center in the amount of \$40,000 to support the expansion of **Health Home Plus** services. Health Home Plus is an intensive Health Home Care Management service established for adults with serious mental illness who meet certain indicators for high need, such as risk for disengagement from care and/or poor outcomes (e.g., multiple hospitalizations, incarceration, and homelessness).

ONONDAGA COUNTY DEPARTMENT OF CHILDREN AND FAMILY SERVICES

Onondaga County Department of Children and Family Services awarded two grants to St. Joseph's Hospital Health Center – one in the amount of \$175,848 and another for \$180,608 – to enhance patient care and address gaps in behavioral health services.

The Onondaga County Department of Children and Family Services awarded \$258,000 to St. Joseph's Hospital Health Center for the Hospital's psychiatric emergency room to partner with Liberty Resources and Helio Health to provide crisis services as part of a response team for the County's **911 Diversion Crisis Service** pilot program.



Emergency Management

HEALTH RESEARCH, INC.

A \$43,000 Hospital Preparedness grant from **Health Research, Inc.** was awarded to St. Joseph's Hospital Health Center to provide training, disaster exercises, service coordination and a process improvement feedback mechanism to enhance the ability to respond to large-scale local and regional disasters.

FEDERAL EMERGENCY MANAGEMENT AGENCY (FEMA) PUBLIC ASSISTANCE

Under a nationwide emergency declaration for COVID-19, and subsequent disaster declarations for COVID-19, eligible non-profit organizations that lost revenue and faced higher expenses related to the declared emergency can apply for assistance through the **Federal Emergency Management Agency (FEMA) Public Assistance** program. St. Joseph's Hospital Health Center received \$4,122,907 in COVID-19 Pandemic relief funds through this FEMA initiative for FY2021, and another \$346,044 for FY2022, specifically for critical actions necessary to save lives and protect public health and safety. Examples of covered expenses included the purchase of personal protective equipment such as masks, face shields, goggles, and gloves; hand-held temperature scanning devices; disinfectant supplies and equipment; and signage for disseminating public information on health and safety measures.



HEALTHYSTEPS

Announcing a second HealthySteps site

Join us in celebrating the implementation of a second HealthySteps site at St. Joseph's Health with Ashley Grimes, M.S. SpEd as the HealthySteps Specialist for the Primary Care Center–Main location. In this role, Ashley uses her Master of Science in Early Childhood Special Education to identify whether children ages 0 to 3 years are reaching developmental milestones, help connect families to additional resources, and answer families' questions about child development.

HealthySteps is a ZERO to THREE evidence-based program that aims to improve children's health and well-being by supporting perceptual, motor, and physical development; strengthen early social-emotional development; and promoting timely and continued care. As a multidisciplinary program, the HealthySteps pediatric care team consists of the HealthySteps Specialist, the child's parent(s), a pediatrician, family medicine resident physicians, nurses, pharmacist, behavioral health professional, social worker, phlebotomist, obstetrician and, as needed, Translation Services. The program promotes the health, well-being, and school readiness of infants and toddlers, and their siblings up to age 5, so they have a strong start in life.

Prior to HealthySteps, Ashley played a pivotal role in founding Best Foot Forward at St. Joseph's Primary Care Center-Main, a HealthySteps-like program funded by the Mother Cabrini Health Foundation. Her previous employment includes being a teacher for local area school districts, working with kindergarten, 2nd grade, and special education preschool students. She achieved New York State Initial Certification in Early Childhood Education (Birth - Grade 2), Students with Disabilities (Birth - Grade 2), and Childhood Education (Grades 1 - 6).

Ashley shared a love for "meeting with families and watching them grow with each visit. Parents have so many questions, especially about growth and development during baby's



first year of life, which is where HealthySteps comes in." She enjoys being able to help families understand developmental milestones, talk through concerns, and share community resources and supports.

Like Ashley, Jessica Gibson said that she finds it fulfilling to share her knowledge of childhood development, help families learn about available community resources, and share in their joys and successes. Jessica is the HealthySteps specialist for St. Joseph's Primary Care Center-West, the hospital's inaugural site for this program. She holds a bachelor's degree in child and family studies from University College at Syracuse University, College of Human Services and Health Professions, and studied Humanities at Onondaga Community College. Her previous work experience includes teaching toddlers at Onondaga Community College Children's Learning Center and with parents who have children in the PEACE, Inc. Head Start/Early Head Start program, educating them on their child's development, informing them on community resources and services, and helping to transition children to day care centers and/or elementary schools.

In her role, Jessica enhances care provided to the pediatric population at the Westside clinic by providing high-quality, family-focused care to families with children 0 to 3 years. She conducts developmental and socioemotional screening, addresses parents' behavioral and developmental concerns, and connects families with a variety of community resources. The HealthySteps model has received national attention as a best practice to achieve the population health outcomes that are most effectively influenced in early childhood and aims to support children as they grow and brightens their future.

CELEBRATING 30 YEARS OF SERVICE

Volunteer Mary Lue Fraser

Mary Lue Fraser has never lacked for a reason to get up and get going in the morning. For 35 years, she was a teacher in the North Syracuse School District. When she retired in 1995, she began volunteering at St. Joseph's Health Hospital. Now in her 30th year, she's amassed more than 10,000 volunteer hours.

"It makes me feel necessary," says Fraser. "It would be very easy to sit on the couch in front of the TV, but at the hospital I am contributing to making a difference in someone else's day and that's made a wonderful difference in my life," she says.

Fraser, a Syracuse native, was raised on Tipperary Hill. She earned her teaching degree at SUNY Oswego, then embarked on a long career. Over three and a half decades, she taught most elementary school grades, finishing her career as a sixth-grade teacher at Gillette Middle School in Cicero, NY.

Not one to be idle, Fraser began volunteering at the Rosamond Gifford Zoo, where she led tours of the various exhibits. She credits Sister Myra for her involvement at St. Joseph's Health Hospital. "Her nephew had been one of my students," Fraser recalls. "She was the one who really got me started."

While Fraser's tenure at the zoo lasted only eight years, she's now one of the longest-serving volunteers at the hospital. For many years, Fraser was assigned to the Emergency Room. Currently, she spends Mondays in the Surgical Waiting room, where she answers the phone to respond to questions and serves as a liaison between family members of those having surgery and the medical staff. On Thursdays, Fraser serves as a Eucharistic Minister, a role she received special training for, providing spiritual care to patients and administering communion to Catholics.

"I enjoy meeting and talking with people, and the patients are so appreciative," she says.

But Fraser stresses that she has gained as much from her volunteer experience as she has given. "Each patient and each volunteer have made a wonderful difference in my life," she says. "At this time in my life, I know I am blessed to be here."



KNITTING WITH PURPOSE

Holy Cross Knitting Group

Twice a month, a group of knitters gather in the social hall at Holy Cross Church in Dewitt, NY to work in community with each other. Some are knitting hats, others baby caps, and others knit larger projects such as lap blankets or shawls. All of their handiwork is donated to patients at St. Joseph's Health Hospital and its outpatient clinics.

It's a labor of love that began some 20 years ago. Jo Oliva and Rita White, members of Holy Cross, were both active volunteers with the Auxiliary or St. Joseph's Health Hospital. Oliva recalls inviting some ladies to meet to knit prayer squares. "I'd bring in some goodies and put on a pot of coffee and we'd chat and knit," she says. "They loved being out of the house and being together. That's how it started."

Over the years, the group has grown and evolved, with approximately 18 current participants ranging from Oliva, who is 93, to a Syracuse University graduate student in her 20s who occasionally joins between classes; now and then the group even has a gentleman join them. There are also a few ladies from nearby St. Sophia's Greek Orthodox Church who attend. "It's a beautiful group," says Oliva.

While most are knitters, a few participants crochet or work on quilting projects. While they come together for friendship and fellowship on the first and third Thursday of each month, most of them also work on projects on their own in between.

One of those is Terri Hinkle, who has been involved with the group for six years. A retired teacher, Hinkle learned to knit as a young girl and picked up the hobby again in retirement. "I'm not a real outgoing person who readily joins groups, but I had a friend who kept urging me to come," she says.

Hinkle liked the idea of welcoming babies, so the thought of knitting baby caps drew her in. But she quickly learned the group contributes so much more. Other projects include



eyeglass cases, donated to patients at the one-day surgery center; lap robes for hospital patients; hats, scarves, and mittens for both children and adults; and knit dresses and blankets that are paired with stuffed teddy bears.

Between October 1, 2023, and September 30, 2024, the group donated 278 baby hats, 5 baby blankets, 54 glasses cases, 232 kids and adult's hats, 20 pair of mittens, 24 scarves, 68 lap robes, 169 prayer squares, 22 pair of toddler mittens, 3 baby sweater and hat sets, 18 stuffed animals with blankets and books, and 2 teddy bears with a dress and book. "That's 6,663 hours of knitting by 18 people," says Hinkle.

Every now and then someone will drop off a big bag of yarn to the church, but for the most part, the knitters purchase their own yarn for their projects.

While she has very much enjoyed having a purpose for her knitting, Hinkle says she didn't fully appreciate the impact they were making until she volunteered to drop off the knit goods to the hospital. "Last winter, I dropped off a big bag of hats to the clinic and the woman at the front desk was so thrilled," she recalls.

"This is so wonderful," she told me. 'These hats will be gone by the end of the day.' I just had no idea there was that level of need in our community." That memory gives Hinkle extra motivation while she's knitting every evening. "Obviously, we can't put a hat on every head in Syracuse, but every time we finish a hat, we know there will be one more warm head," she says.

St. Joseph's Health Foundation

FOUNDATION REVENUE

STATEMENT OF OPERATIONS

2024

Funding, Including Program Services & Events	654,192	846,490	959,239	487,001	718,495
Increase (decrease) in Restricted Funds	422,569	(416,432)	389,358	1,072,355	1,120,375
Grant Revenue to SJH System	6,718,358	2,544,400	2,602,579	2,667,455	2,235,647
Investment Income	1,906,400	1,417,560	-	3,655,460	98,992
Total Revenue	9,701,518	4,392,018	3,951,176	5,214,816	1,937,862
EXPENSES	2024	2023	2022	2021	2020
Funding, Including Program Services & Events	295,752	436,461	167,407	500	106,025
Operations	1,190,458	820,049	680,302	1,237,056	1,830,084
Donations to St. Joseph's Health	171,718	1,218,278	288,511	192,753	550,912
Investment Loss	-	-	2,143,061		
Total Expenses	1,657,928	2,474,788	3,014,547	1,430,309	2,487,821
Increase (Decrease) in Net Assets	1,657,928 1,495,450	2,474,788 372,830	3,014,547 (2,018,131)	1,430,309 2,815,126	2,487,821 (549,959)

2023

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A membership program for supporters of St. Joseph's Health

The Circle of Caring is a membership program that enables St. Joseph's Health to maintain its commitment to superior healthcare throughout the Central New York Community.

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ST. JOSEPH'S COLLEGE OF NURSING



The 2023-2024 academic year marked a return to pre-COVID class and clinical experiences for the St. Joseph's College of Nursing. However, the impact of COVID is still felt. Fit testing of respiratory masks is now standard for all students, for example. Even still, the College has successfully returned to a more familiar clinical experience.

The lifting of COVID restrictions also permitted students to engage in community service projects. Students participated in activities at We Rise Above the Street, Sisters of St Frances House, or the Samaritan Center. Other community service projects in the year included walks for various causes and the donation of items such as socks. In September, to honor the College's first Director of Nursing, the Miss Amy Higgins Annual Day of Service was established to encourage nursing students, faculty, and administration to give back to the community through acts of service.

St. Joseph's College of Nursing graduated 129 students in the past year. The 62 graduates from the evening/weekend option had associate degrees conferred on them in a December 2023 ceremony. Another 67 graduates in the weekday program received their degrees at the commencement ceremony in May 2024. The College congratulates all students on their graduation and commend their perseverance, resiliency, and commitment to nursing that they steadily demonstrated.

Commitment to Nursing celebrations were held in September 2023 for the weekday program and April 2024 for the evening/weekend option. This ceremony is a solemn event that is traditionally held about halfway through a nursing program and marks the student's commitment to the profession of nursing. They affirm this commitment by reciting the Nightingale Pledge.

The National Council Licensure Examination (NCLEX-RN®) is a nationwide examination for the licensing of nurses in the United States and Canada. St. Joseph's College of Nursing

graduates achieved an 84% overall year to date first-time pass rate in 2023, a rate that bested the New York State average of 79% for first time takers. This success can, in part, be attributed to the work faculty invest in helping students perform better on the NCLEX. The College is very proud to share that over 49% of the graduates from the Class of December 2023 and May 2024 accepted positions at St. Joseph's Health Hospital.

The 125th Anniversary of St. Joseph's College of Nursing as an institution of higher education was celebrated in October 2023. The College is pleased to be able to present scholarships and awards in recognition of students Commitment to Nursing celebration and Graduation. From June 30, 2023, through July 1, 2024, a total of \$103,710 was presented to award recipients. Because the need for tuition support in the form of scholarships is much larger than can be met, the 125th Anniversary Celebration undertook a yearlong campaign to raise \$1.25 million to help meet the financial needs of students. As of October 2024, \$1.3 million had been raised. A big thank you to everyone who donated money to this worthy cause.

Much has changed in health care since the Sisters of Saint Francis founded an educational program in 1898 to train young women who were "in good health and of unquestionable moral character" to be nurses. St. Joseph's nursing graduates, then as now, are known to practice the profession of nursing with caring, reverence, compassion, integrity, vision, and enthusiasm. Over 126 years, the practice of nursing has been shaped by the advancements in nursing and medical knowledge, technology innovations, and other factors. Through the years, the school has evolved to incorporate new knowledge and practice models to ensure graduates continue to provide outstanding patient care.

Lenore L. Boris, PhD, JD, RN

Dean, St. Joseph's College of Nursing at St. Joseph's Health Hospital

MAXWELL LAURICELLA

Dual Degree St. Joseph's College of Nursing Student

As a high school student thinking about a future career path, Maxwell Lauricella shadowed some physicians to learn more about the realities of practicing medicine. "The message I got was that if I wanted to have my own family—and have quality time to spend with them—being a doctor might not be for me," he recalls.

Instead, Lauricella decided to explore nursing. He knew he wanted to have a four-year college experience and, hoping to someday become a nurse practitioner, his objective was to pursue a bachelor's degree. He found the perfect fit close to home with the Dual Degree Partnership in Nursing program, a unique articulation agreement between Le Moyne College and St. Joseph's College of Nursing.

In the Dual Degree program, students attend Le Moyne College full time in Year 1, taking core liberal arts and science courses. They put their classroom learning into practice during Year 2 when they begin nursing courses and direct patient care at St. Joseph's College of Nursing, developing hands-on nursing skills. By Year 3, students are working directly in nursing settings, graduate with an associate degree, and then take the National Council Licensure Exam which is a nationwide examination for the licensing of nurses. They return full time to Le Moyne

College in Year 4 to complete the bachelor's degree requirements.

"I think the program offers the best of both worlds," says
Lauricella, who is currently a junior, in his second year of
study at St. Joseph's College of Nursing. This year, he is
doing a series of clinical rotations, working directly with
patients under the supervision of another nurse. He spent
three weeks working in pediatrics at Upstate University
Hospital, then moved to the obstetrics suite at St. Joseph's
Health Hospital, before moving to the medical-surgical unit.
After work, he goes home to study and chill with his
Le Moyne College buddies at their apartment.

"College life is such a fun time," he says. "You have to devote time to studying, especially in nursing, but you have to enjoy yourself as well."

Lauricella says it helps that he has a defined career path that can lead to many options. "One of the great things about nursing is that it's so versatile in terms of what you do with it," he says. "You can work in a hospital setting, private practice, or family practice. There's a lot of choices." He's being honored for his efforts with the Deacon Pio and Nancy Ryan Carranti, Class of 1950 Scholarship, given



to students for professionalism and caring behaviors.

"Maxwell exemplifies every attribute listed for this award," says Nancy Poole, PhD, RN, Academic Dean at St. Joseph's College of Nursing. "I would be glad to have him care for me or my family."

Lauricella says he's appreciative of the financial assistance and the morale boost the scholarship provides. "It's always nice to know that people think you're doing well," he says.

It is also further reinforcement that he chose the right career and educational path, along with the gratification he feels from the connections made with patients. "You might only have the patient for a day or two, but the connection you make with them, and sometimes with their family, is really strong," Lauricella says. "It's really nice to know you're making a difference and helping people out."

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THE AUXILIARY OF ST. JOSEPH'S HEALTH HOSPITAL

The Auxiliary of St. Joseph's Health Hospital is an organization of approximately 300 women and men dedicated to serving the needs of St. Joseph's Health Hospital. The Auxiliary dates back to the establishment of the hospital in 1869 and has proudly served the institution throughout the years.

Moved by the need to care for those who suffered, and the desire to extend their aid to the poor, five Sisters of the Third Order of St. Francis purchased a dance hall and saloon on Prospect Hill in Syracuse, NY for \$12,000. On May 6 of that year, the Sisters opened the doors of St. Joseph's Hospital – Syracuse's first hospital, a 15-bed facility with a yearly payroll of \$100.

Along with the city's first hospital came the formation of the first hospital Auxiliary. Mrs. Hannah Pease, a physician's wife, recognized that the Sisters needed linens for the hospital. In 1870, Mrs. Pease, along with 45 other dedicated women, formed the Ladies' Aid Society. They met in their homes to sew bed linens and patient hospital gowns. This group became the nucleus of the Women's Auxiliary, officially formed in 1888, and is now known as The Auxiliary of St. Joseph's Health Hospital.

155 years later, the Auxiliary is going strong in support of St. Joseph's Health Hospital. The group's Volunteer Board of Directors currently has more than 25 committees, including fundraising and service projects. Fundraising efforts have provided the hospital with an annual monetary gift from the Auxiliary with amounts, since formal record keeping began in the 1990's, totaling over \$9 million. This 2023-24 year, the Auxiliary Gift to the Hospital was \$163,000.



The Auxiliary Board Members are honored and dedicated to carry out a historical mission:

- To promote and advance the welfare of St. Joseph's Health Hospital by addressing the needs of this institution by responding to the Administration in any and every way possible.
- To promote and advance the Mission of St. Joseph's Health Hospital by rendering assistance and service to the hospital and its patients in any manner approved by the Hospital's Board of Trustees.

As stewards of the St. Joseph's Health system, the Auxiliary supports the following services and initiatives:

Coat Drive

During fiscal year 2021, the Auxiliary learning of the need for coats for school aged children in the Syracuse community. In response, the Auxiliary created an initiative throughout the system. Hundreds of new and gently used coats have been donated and, in turn, donated to children in need. The Auxiliary decided to make this an annual ongoing event.

The Ellen Needham Pediatric Needs Fund

This fund honors the memory of Ellen Needham, daughter of Dr. and Mrs. Dwight Needham, who passed away in 1948. Donations are received from those who wish to memorialize someone who has passed or honor someone who is living.

Operation Backpack

More than 860 backpacks were donated to children at their annual physical exams at locations such as Primary Care Centers Family Medicine, West Pediatrics, and West Family Medicine, as well as Specialty Services, the Dental Clinic, and Outpatient Mental Health. The thousands of notebooks, paper, pens, pencils, rulers, tissues, folders, and crayons were donated by the caring colleagues of St. Joseph's and members of the Auxiliary. This marked the 18th year of the Auxiliary's participation in the Operation Backpack Program, with more than 12,000 backpacks having been filled through this initiative.



Membership and Membership Tea

The Membership dues letter was mailed in the Fall of 2023 along with an Auxiliary bookmark which lists the major accomplishments of the Auxiliary throughout the years. The Auxiliary Board of St. Joseph's Health Hospital hosted its Annual Auxiliary Membership Tea at the Historical Century Club, on April 25th, 2024. This event saluted new Auxiliary Members and greeted current Auxiliary Members who have generously participated and assisted on our various projects and events. A total of 50 individuals were in attendance this year. The annual Auxiliary Membership fee is \$10, which supports the Auxiliary's historical mission to St. Joseph's Health Hospital. The Auxiliary oversees the Gift Shop, Holy Grounds Coffee Shop, and assorted vending machines. The Auxiliary grants three College of Nursing Scholarships, supports the Primary Care Clinics and the Hospital Food Pantry for employees, and sponsors special events including the Lighting the Way Day. If you would like to become an annual or lifetime Auxiliary Member, please contact Ginnie Lostumbo for more information at ginnielostumbo@yahoo.com.

Janno Fund

The St. Joseph's Health Hospital Cecile Ianno Emergency Department "Care and Share" Closet contains new clothing that is given to patients seen in the medical or psychiatric emergency departments who are in need upon leaving the hospital. The closet was replenished with new articles of clothing made possible by monetary donations this spring. Men's and women's underwear, socks, shirts, and shorts were stocked using newly purchased bins to keep the closet organized. The Auxiliary hopes to raise funds to purchase cold weather clothing this fall. If you wish to make a donation of new clothing in any size for men or women, or a monetary donation, please contact Rose Connor at Brooklyn.rosebud@gmail.com or Cathy Hayden at chayden222@gmail.com.

Sister Wilhelmina Scholarship

The purpose of the Sister Wilhelmina Scholarship is to provide an annual tuition scholarship on a competitive basis for St. Joseph's College of Nursing. The scholarship is given in memory of Sr. Wilhelmina who was appointed Director of the School of Nursing in 1943. She was named Treasurer and Administrator of St. Joseph's Hospital in 1951. Twenty-four applications were received, the largest number of applicants in a few years. Two recipients were selected. A 3.0 grade point average (GPA) must be maintained each semester for the scholarship. Awards are presented at the Annual Luncheon.

Sister Mary Obrist Scholarship

The Sister Mary Obrist Scholarship is awarded to a student attending St. Joseph's College of Nursing. In May 2009, The Auxiliary of St. Joseph's Health Hospital established a full scholarship to be awarded annually to a student in the Dual Degree Partnership in Nursing (DDPN) program, a unique agreement between Le Moyne College and St. Joseph's College of Nursing where program graduates can satisfy both the associate degree and bachelor's degree requirements. The Scholarship was named in honor of Sister Mary Obrist who formerly served as Vice President of Support Services of the Hospital. To be eligible for the scholarship and to maintain it, the applicant must have a 3.0 GPA or higher upon completion of his/her first year of study at Le Moyne College.

The Gift Shop

Under a management agreement with Lori's Gifts, yet still overseen by the Auxiliary, Lori's Gifts continues to serve our patients, visitors, and staff. All proceeds from gift shop sales benefit the Auxiliary and are part of the Auxiliary's annual gift to the hospital.

Holy Grounds Coffee Shop

The Holy Grounds Coffee Shop, located in the Hospital's main lobby, serves the patients, public, and staff, under the management of St. Joseph's Health Hospital Nutritional Services. Proceeds will continue to be part of the Auxiliary's annual gift to the hospital.

Teen Volunteer Recognition Award

In August 2023, the Auxiliary Board presented four teens with Teen Volunteer Recognition Awards. In accordance with the St. Joseph's Health core value of Stewardship, the teens were celebrated for zealously supporting both the Auxiliary and the Hospital in fulfilling the St. Joseph's Health mission. An application for this award is included in the in-service packets for teens at the beginning of the summer. The selection process is managed by the Volunteer Services Coordinator, with the help of an Auxiliary Board representative and an adult volunteer.

Volunteer Luncheon

The 2023, the Volunteer Luncheon took place in October at the Bella Domani restaurant and recognized many volunteers who were collectively celebrating over 37,000 hours of service to St. Joseph's Health. The theme of the luncheon was "Thank you for your Thyme", a notable play on words, but heartfelt gesture, thanks to the creativity of many Auxiliary members and the Director of Volunteer Services.

Spring Raffle

This year, the Spring Raffle was presented at the Annual Luncheon, and raised \$2,000.

Lighting the Way Day

Lighting the Way Day is an annual event when St. Joseph's Prospect Hill campus and buildings are illuminated with thousands of white lights, including the A. John Merola, MD Bridge and the circle around St. Joseph's Health Hospital entrance. This event is supported by the St. Joseph's Health Foundation and by the generous support of presenting sponsors - American Food and Vending Corporation and National Grid. Proceeds from this event help the Auxiliary maintain their annual revenue goal and benefits St. Joseph's Health Oncology Services Department. Lighting the Way Day is a tribute and thank you to all who serve the patients of St. Joseph's Health Hospital.

Primary Care Clinics

St. Joseph's Primary Care Clinics provide medical, emotional, and social expertise for families. The Main Clinic, which includes a Family Medicine Residency Program, also focuses on caring for expectant mothers and women with gynecological needs. The Westside Clinic serves individuals of all ages, from birth and pregnancy through adulthood. The Auxiliary Board offers help through donations of clothing, especially warm winter hats, gloves, and socks as well as layette items. A special collection of these items and new books are gathered during the holiday season.

Annual Meeting

The Annual Meeting and Luncheon was held in June 2024. At the Annual Luncheon and Meeting, the Auxiliary presented the St. Joseph's Health Foundation a gift of \$163,000 which was designated towards the College of Nursing Scholarship Fund. This gift was comprised of proceeds from the services that the Auxiliary offers and manages throughout the hospital, including the Coffee Shop, Gift Shop, vending machines, and the Lighting the Way Day event.

Hannah Fuller Pease Award

The Hannah Fuller Pease Award was presented in June 2024. This award is given to an Auxilian who exemplifies service to the organization with particular emphasis on values that Mrs. Pease championed for the hospital. The 2024 award was presented to Ginnie Lostumbo.

Nominating

The Nominating Committee met several times during the fiscal year. Board Members nominated the current Officers and Board Members, as reflected in the Annual Luncheon Program. Auxiliary members donate their time and dedication in the gift shop, at the information desk, in the surgical waiting room, Heart support, Maternal Child Health Center (MCHC) Reading Program, and as greeters in the hospital lobby. Volunteers at St. Joseph's Health Hospital may choose to participate in services providing patient contact, non-patient related services, and fundraising activities. If you know of anyone that would like to join St. Joseph's team of compassionate volunteers, please have them contact the Auxiliary office at 315.448.6100.





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PLANNED GIVING

St. Joseph's Health Foundation is grateful to accept planned gifts from generous donors wishing to support the future of our Mission. There are a variety of ways in which you can support our patients, families and caregivers while also ensuring that your generosity creates a lasting and meaningful legacy.

In addition to fulfilling your philanthropic interests, planned gifts are a great way to establish guaranteed income streams and financial security while also taking advantage of the tax benefits associated with charitable giving.

Including St. Joseph's Health Foundation in your estate plans is easy and we are here to help you explore the many ways you can give.

Estate Gifts: Planning Your Legacy

An estate gift, sometimes referred to as a planned gift or deferred gift, is a term used to describe a deliberate decision to direct your resources – money, property and/or other assets – away from taxes and to a charitable institution of your choice. Some types of planned gift vehicles may even provide you and your loved ones with additional income during your lifetime. By including St. Joseph's Health Foundation in your retirement and estate planning, you can reduce your tax burden while supporting St. Joseph's Health.







Bequests

Bequests included in wills enable people to make significant contributions that might not be possible during their lifetime. When you make a bequest to St. Joseph's Health Foundation, your taxable estate is reduced by a 100 percent deduction for the amount of a cash gift, or by fair market value of appreciated assets. When an individual notifies us of their intent to include the Foundation in his/her estate plans, and provides us with written documentation, the donor is recognized as a member of the Foundation's distinguished 1869 Society. To learn more about planned giving vehicles at St. Joseph's Health, please call the Foundation for confidential information at (315) 703-2137. There is no minimum amount for a bequest—all gifts are welcomed and appreciated.

St. Joseph's Health encourages its donors to consult with their financial and/or legal advisors when making decisions regarding their estate plans.

THANK YOU

FOR YOUR GENEROUS SUPPORT THIS PAST YEAR!

As a result of your generosity and the contributions of all our donors, here are just some of the gifts that we recognized this past year in support of our patients, students, colleagues, and community members:

- AutoPulse Resuscitation System
- Simulation Lab equipment, Library Collection Aid, support for Students with Disabilities, and Scholarships for the College of Nursing
- Titanium Dental Sensor Radiograph
- Colleague Care support and Colleague Emergency Assistance
- Point-of-Care Ultrasound System for the Emergency Department
- Workforce Development community outreach programs
- Food Farmacy for individuals with chronic conditions and food insecurity
- Blue Soft Tissue Laser for the Dental Clinic
- Nursing Education Funds
- Grateful Patient contributions to service lines including Cardiac Service, Vascular Services, Family Medicine, Surgical Services, Women & Infant Services, and Cancer Services
- Heated Display Case for Nutritional Services
- CPR Anytime Kit donations to Central New York community organizations

We recognize that you have a choice when giving to local organizations and to that end, we are so grateful that you decided to support St. Joseph's Health. We are continually inspired by the dedication and generosity of donors like you who truly make a difference.

Sincerely,

Vince Kuss, Vice President, St. Joseph's Health Foundation





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