

ST. JOSEPH'S HEALTH FOUNDATION

ANNUAL REPORT

FISCAL YEAR 2021

 ST. JOSEPH'S
HEALTH
Foundation
A Member of Trinity Health

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MISSION

We, St. Joseph's Health and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

VALUES

Reverence, Commitment To Those Who Are Poor, Justice, Stewardship, Integrity, and Safety.

OUR ROOTS

Inspired by our Franciscan Tradition, we are passionate healers dedicated to honoring the sacred in our sisters and brothers.

Welcome

Dear St. Joseph's Health Family,

The Covid-19 Pandemic has impacted all of us for quite some time now. At St. Joseph's Health, it certainly has affected how we are able to deliver care to the community. However, we are determined to not let these challenges keep us down. Our colleagues continue to live our mission and are practicing our values every day despite the uncertainties and pressures associated with fighting a global pandemic. This is evident as St. Joseph's Health has been the recipient of several national marks of distinction this past year including:

- Leapfrog Safety Grade A for 5th Consecutive Rating Period
- U.S. News & World Report Best Regional Hospital for 7th Consecutive Year
- Multiple Healthgrades 5-Star Distinctions
- Magnet Designated
- DNV Credentialing
- Newsweek Best Maternity Hospitals in the U.S.

As we navigate through this pandemic, we have encountered numerous heroes within our work: Frontline Workers, Nurses, Physicians, Teachers, First Responders, Manufacturers, Community Members and so many more– all of whom we are indebted to for their service.

As a donor to the St. Joseph's Health Foundation, we also consider you a hero as your contributions have been a critical staple of our work in supporting our patients, students, colleagues and community members. This is especially true within the past fiscal year. We are happy to report that together, we raised more than \$4.2 million at the St. Joseph's Health Foundation! Thank you for making a difference though your contribution to the Foundation this past year. These dollars are essential, now more than ever and we are eternally grateful for your generosity!

We would also like to acknowledge John "Bucky" Murphy for his service as Chair of the St. Joseph's Health Foundation Board of Directors. As Bucky's three-year term as Board Chairman concluded at the end of 2021, we are forever grateful for his leadership, vision and empathy during these challenging times. Thank you for being an inspiration of positivity and guidance throughout your tenure on the St. Joseph's Health Foundation board of directors.

We are incredibly proud of who we are and humbled to serve among all of our colleagues whose dedication to excellence ensures that the founding principles of the Sisters of St. Francis continue to enhance the quality of life and well-being in Central New York as much today as they did when our doors opened more than 150 years ago. Thank you for you all that you do in supporting St. Joseph's Health and the patients we serve.

Sincerely,



Leslie Paul Luke
President and CEO
St. Joseph's Health



Vincent J. Kuss, MBA, MS
Vice President for Development
St. Joseph's Health Foundation

Chuck and Mary Ann Zimmerman

Chuck and Mary Ann Zimmerman's relationship with St. Joseph's Health Hospital began nearly 50 years ago, with the birth of their children. The couple were so impressed with the care and kindness Mary Ann received as a patient that they were spurred to give back.

Over five decades, Chuck and Mary Ann have played instrumental roles at St. Joseph's, both as loyal financial donors and as integral volunteers. Chuck, now retired from his role as a Certified Public Accountant partner at PriceWaterhouseCoopers, was a member of the hospital board of trustees for 15 years and helped evaluate various propositions that led to the hospital's merger with Trinity Health. "It has become very difficult for standalone hospitals to make it financially," he says. "I think it's worked out very well with Trinity."

Mary Ann served for 45 years on the hospital auxiliary board, serving as president from 1997 to 1999, and as a volunteer on the information desk. "I was very fortunate, because that was the best volunteer service you could have there," she says. "It's the hub of the hospital."

The Zimmermans view St. Joseph's as a pillar Syracuse institution and they have the perspective to make that judgement. Both native Syracusans, Chuck and Mary Ann began dating in high school. They both stayed local for college--Mary Ann went to Le Moyne College and Chuck to Syracuse University. Mary Ann was a cheerleader and Chuck was quarterback of the football team, leading the Orange to both the Orange Bowl and Cotton Bowl and gracing the cover of Sports Illustrated in 1958. They married, began careers, and raised their three children in the area.

The couple have both been active members of the community they love. Mary Ann has devoted her time to St. Rose of Lima Church and School, Loretto, Bishop Grimes, the Boys & Girls Clubs of Syracuse, and Francis House. Chuck's volunteerism includes St. Rose of Lima Church and School, Loretto, Christian Brothers Academy, Bishop Grimes, Rosamond Gifford Zoo, the Greater Syracuse Sports Hall of Fame (of which he is a 1996 inductee), and Syracuse University.



Despite their many involvements, both have a soft spot for St. Joseph's, where their grandson recently completed a dental residency. "It's a very caring place," says Mary Ann.

"St. Joseph's has benefitted from insightful leadership," adds Chuck. "Syracuse is fortunate to have St. Joseph's as its leading health system."

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FUNDRAISING HIGHLIGHTS



Like the rest of our community, country and world, the St. Joseph's Health Foundation continued to be impacted by the challenges of the COVID-19 pandemic. Like so many throughout the country, we were unable to host any of the in-person events we so look forward to each year, including the Annual Gala and Golf Classic. As you may know, many of our events are critical in raising dollars towards the efforts of St. Joseph's Health Hospital.

And as we continued our path of many unknowns similar to fiscal year 2020, we were yet again astonished at the level of support we received from our St. Joseph's Health community. This past fiscal year, we are happy to report that we raised \$4,219,867 in donations towards several programs, projects and initiatives within our great health system. A large number of our Gala and Golf sponsors opted to once again redirect their event support to other initiatives such as Colleague Care, the COVID-19 Response Fund and to our Greatest Need Fund.

We would be remiss if we did not acknowledge the funds we received in the form of Foundation and Hospital grants. In fiscal year 2021, St. Joseph's Health was awarded 21 grants that supported initiatives such as our Food Farmacy program, Tobacco Cessation, Information Technology infrastructure and COVID-19 Personal Protective Equipment (PPE).

We are so thankful to several of our patients who supported the Foundation as a result of being grateful for the care that they received when at St. Joseph's Health Hospital. Some of these grateful patient gifts included dollars to renovate colleague breakrooms within our system and major gifts to support our service lines in Vascular and Surgical Services.

Contributions to our Circle of Caring and Walkways of Caring were also secured from our generous and thoughtful donor base. Several donations were recognized in the form of Planned Giving as a result of donors who contributed to our 1869 Society in order to leave a lasting legacy to St. Joseph's Health. As with the past few years we were able to endow numerous scholarships by donors who support our College of Nursing students.

We are incredibly proud of our colleagues at St. Joseph's Health who save lives each and every day. Because of their unwavering efforts the Foundation strives to support their work in caring for our patients. St. Joseph's Health Foundation's efforts and success have only been possible due to the strong support of our St. Joseph's Health family and our Central New York Community. We hope that you too are inspired by all that St. Joseph's Health has accomplished over the years. Thank you for your continued support and for making fiscal year 2021 such an amazing success!

Community Health and Well-Being

St Joseph's Health Community Health and Well-Being (CHWB) department promotes optimal health for those populations who are poor and vulnerable in the communities we serve by connecting social and clinical care, addressing social influencers of health and reducing health inequities. The CHWB team fosters partnerships with community-based organizations to ensure programs and services are placed where residents have ease of access. The funding opportunities noted below, represent a few of the important initiatives we've been able to advance in 2020.

Food Farmacy:

St. Joseph's Health is proud to announce the creation of a Food Farmacy program to help address food insecurity and better manage chronic diseases. According to U.S. Department of Agriculture, in 2019, over 35 million Americans lived in households which were food insecure. Poor nutrition is a root cause of many chronic diseases. St. Joseph's pilot program is made possible by a grant from the Mother Cabrini Health Foundation.

In the first year of operation, St. Joseph's Primary Care Center-Main clinicians will refer patients to the program. Once enrolled, the patients will take part in an interdisciplinary program where they will receive nutritional counseling from a registered dietitian, participate in diabetes self-management classes with St. Joseph's Family Medicine resident physicians, and be provided support with medication management from a hospital pharmacist. Most importantly, participants will receive, at no cost to them, fresh and healthy food (including recipes) for two meals per day, five days per week, for the entire time they participate in the program. These meals are not only provided for the participant, but the other members in their household (up to six individuals, including the patient).

Faith Community Nursing:

Our Faith Community Nursing (FCN) program will equip faith communities to promote integrated care of the body, mind and spirit. The goal is to empower every local faith community to build and sustain a thriving health ministry, and to advance the field of faith community nursing in the Central New York area. Our network consists of faith community nurses, registered nurses, health ministers, care ministers, clergy and pastoral caregivers, faith institutions, educators, program leaders, community organizations and community members who have partnered with us in reclaiming the faith community's role in the ministry of healing. The grant provides funding for resources, programming, and education & training for health ministry leaders and team members.

COVID-19 Grant:

St. Joseph's Health is proud to announce the COVID-19 Response and Recovery Grant, which allows us to better address Gaps in Care in the aftermath of COVID-19. This grant offers us a multi-level approach to enhancing work in a para-COVID-19 environment: 1. COVID-19 risk and vaccination education to the most vulnerable populations through a partnership with InterFaith Works, 2. Technology and transportation accessibility to care and vaccinations through our Health Home Care Management program by way of a new wheelchair accessible van and iPads, 3. New patient beds and mattresses for our intensive care units.

The goal is to better manage and treat COVID-19 across community, outpatient, and inpatient care for disparate populations in the CNY region, helping individuals avoid contracting the coronavirus through vaccination, improving the overall health of individuals in the community by addressing social barriers to care, and enhancing the acute care experience for patients who have contracted COVID-19.



Colleague Care Team

In 2020, more than ever, it was critical that St. Joseph's Health leveraged our colleague health and well-being resources, that we modeled and practiced resilience every day and that we fortified our existing efforts within the existing space. Because the safety and well-being of our caregivers is so critical, we instituted Colleague Care Teams (CCT) to ensure that all colleagues are supported.

Originally designed for the COVID-19 crisis, St. Joseph's Health adapted the CCT to support our colleagues during every day stressors and the continual transformation of healthcare. This plan, which was based in JAMA's Five Requests (Shanafelt, Ripp & Trockel. Understanding the Sources of Anxiety Among Healthcare Professionals During the Covid-19 Pandemic. JAMA, April 7, 2020), included a wide range of onsite and virtual, supportive and comfort services designed to alleviate some of the emotional and physiological stressors that could negatively impact our caregivers.

With the financial assistance and support from the Foundation, the CCT has been able to provide material support to our colleagues which conveyed the message of "we care about you". In these small and yet profound ways, the CCT distributed snacks directly to the departments while rounding throughout the St. Joseph's Health system including COVID units, medical surgical units, emergency, cardiovascular, intensive cares, orthopedic, Primary care offices, specialty offices, outpatient offices, etc.

As part of a grant through the Foundation, the team was able to makeover eight breakrooms for the COVID units and others with plans for additional breakrooms in the future. The breakrooms were redesigned with the intention of creating relaxing, calm and healing spaces. This was well received from the St. Joseph's Health staff with one colleague stating it was the best breakroom she has been in in her 37 years at St. Joseph's Health.

In 2020-21 the Colleague Care Team connected with 80% of colleagues across the system.

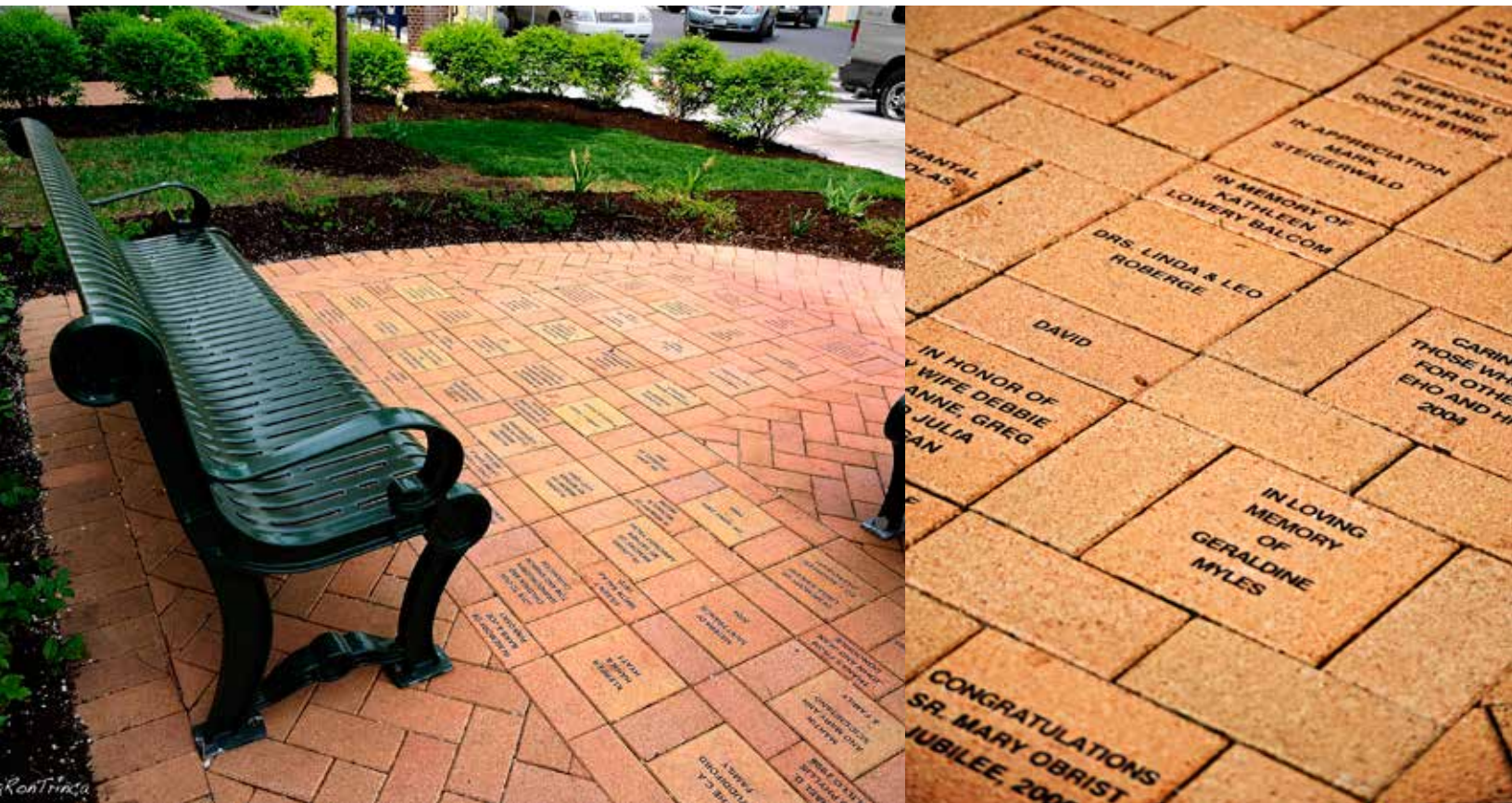
The CCT Resilience Strategies:

- Resiliency Rounding
- Overhead Announcements / Mindfulness Moments
- Nutritional Snacks / Meals
- Coffee and coffee cards
- Centralized process to distribute donated meals & thank you cards, self-care products from the community and St. Marianne Cope Museum
- Phone calls to remote colleagues and leadership/managers
- Mental Health check-ins
- Printed Tips Cards / Going Home Checklist

These investments are essential to the continued health and well-being of front line workers.



Walkways of Caring



St. Joseph's Health Walkways of Caring, paved with engraved commemorative bricks, are located in several beautiful settings throughout the campus of the hospital. You can become a part of the Walkways in perpetuity by having your name or the name of a loved one engraved on a brick.

You may choose to commemorate a friend or family member, or honor or memorialize someone who made a difference in your life. Your tax-deductible gift will help support programs throughout St. Joseph's Health system. Bricks are installed, weather permitting, in the spring and fall each year. A limited number of engraved benches are available.

The Walkways of Caring include: St. Francis Garden located at the front of the hospital; Walk of Valor, at the flagpole in front of the hospital, which pays tribute to veterans, reservists and active military personnel; St. Joseph's Circle, around the statue of St. Joseph, and Caritas Park (Latin for "charity" or "love") is located in front of the College of Nursing.

For more information about our Walkways of Caring, contact St. Joseph's Health Foundation at (315) 703-2137 or foundation@sjhsyr.org.



GRANTS

IN FY21, ST. JOSEPH'S HEALTH FOUNDATION SUPPORTS MORE THAN **\$2.6 MILLION** IN GRANTS

St. Joseph's Health received 19 national, state and private grants in support of its many award-winning programs and services, including **Optimizing the Healthy Development of All Children, COVID-19 Health Care Heroes, A Commitment to Community Health, Today's Student Nurses, Tomorrow's Nurse Leaders, and Supporting Community Partners.**

Optimizing the Healthy Development of All Children **\$104,600**

First 1,000 Days on Medicaid

Reach Out and Read (ROR) is a national evidence-based program in which pediatric primary care providers promote early literacy by talking with parents about the importance of reading aloud and engaging with their young children, encouraging parents to read with their children at home and build routines around books, and giving new books to children in the program to take home and keep. As a long-time ROR site, St. Joseph's Primary Care Center-West (PCC-West) recognizes the need for early childhood literacy, especially for disadvantaged low-income children who are at significantly greater risk of stunted language development. In turn, children from lower-income homes can subsequently experience educational achievement gaps. Beginning in 2021, PCC-West became part of a 2-year Medicaid pilot designed to expand the use of ROR in pediatric primary care and foster local cross-sector collaboration focused on improving early language development skills in children ages 0-3. Studies have found that parents who participate in ROR are two times as likely to read to their children three or more times per week. Studies of the program also report that children in ROR show improved language development by 3-6 months of age. To provide a comprehensive program, more than **\$15,000** is included in the pilot's budget to provide items and services such as children's books, book bins, literacy materials and technical support for ROR at PCC-West.

HealthySteps

The New York State Office of Mental Health awarded nearly **\$72,600** in support of the Zero to Three's HealthySteps program at St. Joseph's PCC-West. The Clinic has been serving families as a HealthySteps site since 2016 and this most recent award is part of a new 5-year grant that will support continued services from 2021 to 2025. The continuation of this evidence-based program for children ages 0-5 will empower PCC-West providers to carry on in providing enhanced services that we offer to our patients. HealthySteps integrates a child development specialist into a child's primary care team. Through the program, parents obtain the support, knowledge and resources they need to foster not only their child's physical development but also their social, emotional, cognitive and behavioral development. HealthySteps evidences outcomes that includes increases in well-child visits, scheduled immunizations and positive parent-child interactions such as reading to their child(ren).

HealthySteps Information Technology Enhancements

The HealthySteps program at St. Joseph's PCC-West was the recipient of nearly **\$17,000** in grant funding awarded by the New York State Office of Mental Health. These funds supported the development of an Enrollment and Caseload Report. As part of the Clinic's electronic health record (EHR), the report enhanced internal and external reporting abilities and directly contributed to greater efficiencies in the time spent in collecting data used to evaluate program outcomes, report to the funder, and revise system strategies as needed.



COVID-19 Health Care Heroes **\$1,984,105**

Throughout 2021 and into 2022, our nation witnessed the unprecedented impact and rapid spread of novel SARS-CoV-2 (also known as COVID-19 and the coronavirus). Most recently, the Delta COVID-19 variant was identified as a more severe version of the disease and it is associated with increased rates of hospitalizations or deaths when compared to the Alpha variant. Delta is also more easily transmitted and has an increased disease severity according to the Centers for Disease Control and Prevention (CDC). Over the last 18-months, a series of surges in coronavirus cases and hospitalizations has had a significant impact on patient mortality as well as on both hospital staff and resources nationwide.

While a decrease in COVID-19 cases accompanied the widespread distribution of a newly developed vaccine, there remains the need for equitable access to vaccines and for education on the benefits of receiving vaccinations. Many individuals remain unvaccinated and, even though vaccines have proven to be highly effective against Delta, anyone who is unvaccinated remains at greater risk for infection. Through it all, the physicians, nurses, other providers and support staff who work at St. Joseph's Health Hospital (St. Joseph's) have continued to place themselves in harm's way to tirelessly care for our patients. Similarly, St. Joseph's grantors recognized the critical needs of Central New York residents and responded with fierce urgency to help protect the health of those within the communities we serve.

Americares

With the assistance of a **\$10,000** grant from the Americares 2020 COVID-19 Response and Recovery Grant Program, St. Joseph's purchased additional COVID-19 rapid test kits in support of quicker identification, treatment, isolation and prevention of the disease. Moreover, to help ensure the safety of both patients and staff, some of these COVID-19 test kits were used to confirm that patients were COVID-19-free prior to them undergoing any elective or outpatient procedures.

Central New York Care Collaborative

Due to the severe and unprecedented impact of the COVID-19 pandemic on New York State (NYS) and the subsequent closure, lock down, and quarantine periods established by emergency enactments of the State Legislature and Executive Orders of the NYS Governor, the Central New York Care Collaborative (CNYCC) Board approved funding for its' 1,400 healthcare and community-based service providers and partner organizations that were significantly impacted by the pandemic. This funding would support efforts to retain needed staffing, health professionals and resources across the spectrum of organizations that serve the many individuals who require Medicaid assistance, a population which grew dramatically due to the economic consequences of the COVID-19 emergency within Central New York. As a CNYCC network partner organization, and a safety-net hospital, St. Joseph's Health Hospital received two CNYCC Financially Fragile Partners grants for COVID-19 financial impacts – **\$705,991** in the first funding round and \$542,286 in the second.

Central New York Community Foundation

A grant award in the amount of **\$9,792** was received from the Central New York Community Foundation to help expand morgue capacity at St. Joseph's Health Hospital. During the initial peak of COVID-19 surges in Central New York, significant overflow challenges were being faced by local hospitals and funeral homes and this funding has provided a long-term solution for this region, now and during any future COVID-19 surges.

Eastwood Rotary Foundation

The Eastwood Rotary Foundation provided St. Joseph's Health Foundation with a **\$1,500** grant toward St. Joseph's COVID-19 relief efforts. These funds helped provide for the needs of front-line staff – from physicians and nurses to housekeeping and nutritional services workers – who are essential to our ability to provide excellent care and save lives.

Excellus BlueCross BlueShield

To help offset some of the costs associated with the COVID-19 pandemic, Excellus BlueCross BlueShield awarded a **\$15,000** grant to St. Joseph's Health Foundation. This generous gift was used to fund COVID-19 testing equipment and materials such as testing machines, supplies and other materials necessary to conduct COVID-19 testing for both St. Joseph's patients and residents of the Central New York community.

Federal Emergency Management Agency

Under a nationwide emergency declaration for COVID-19, and subsequent disaster declarations for COVID-19, eligible non-profit organizations that lost revenue and faced higher expenses related to the declared emergency can apply for assistance through the Federal Emergency Management Agency (FEMA) Public Assistance program. St. Joseph's Medical PC was the recipient of **\$17,776.92** in COVID-19 Pandemic relief funds through this FEMA initiative aimed at providing support in meeting emergency needs during the Pandemic, specifically for those critical actions necessary to save lives and protect public health and safety. Examples of covered expenses included the purchase of personal protective equipment such as masks, face shields, goggles and gloves; hand-held temperature scanning devices; disinfectant supplies and equipment; and signage for disseminating public information on health and safety measures.

Flora Bernice Smith Foundation

The COVID-19 Pandemic has played a significant part in the mental health and overall well-being of providers and support personnel – both here at home and across the nation. During the Pandemic, healthcare workers have been exposed to high levels of stress and traumatic events. As a result, many report experiencing symptoms of depression, anxiety, and insomnia. A **\$17,000** grant from the Flora Bernice Smith Foundation was used to help St. Joseph's Health Foundation and Hospital give back to those who are taking care of some of our community's most critically ill. As part of a piloted project known as "Code Happiness," eight staff breakrooms were renovated into "Quiet Rooms" where nurses and other staff can have an "oasis" for taking restful breaks and lunches from what can be otherwise stressful workdays.

Healthcare Association of New York State and Assistant Secretary for Preparedness and Response

The Healthcare Association of New York State (HANYS) awarded **\$43,758.80** to St. Joseph's Health Hospital from the second round of funding allocated by the U.S. Department of Health and Human Services, Assistant Secretary for Preparedness and Response (ASPR) to support hospitals, health systems, and health care workers on the front lines of the COVID-19 Pandemic. ASPR Round II funds were granted for the purchase of urgently needed supplies and equipment essential for protecting frontline healthcare workers and ensuring continued maintenance of hospital operations.

Lockheed Martin Employees' Federated Fund

Recognizing the most vulnerable among us are overly affected by COVID-19 and are often the least able to afford basic items needed for monitoring their illness, disinfecting the environmental, and reducing the risk of spreading COVID-19 to other household members, Lockheed Martin Employees' Federated Fund gave a **\$1,000** grant to St. Joseph's Health Foundation for the creation of Patient COVID-19 Comfort Care Kits. The contents of these kits included items such as a thermometer, masks, hand sanitizer, hand soap, disinfectant wipes and paper towels. They were handed out to patients discharged from the hospital following treatment for COVID-19 so they had some of the necessary supplies helpful in easing their at-home recovery.

Trinity Assurance Ltd.

Trinity Assurance Ltd. awarded **\$120,000** to St. Joseph's Health Hospital to implement a project aimed at reducing instances of healthcare acquired pressure injuries (HAPIs) by using the LEAF™ Patient Monitoring System. LEAF™ is a patient wearable sensor that automatically activates when applied to the patient. These state-of-the-art sensors enable providers to automatically, continuously, and reliably monitor patient position and activity information which is especially important for ICU patients with COVID-19 – many of whom may have acute respiratory distress syndrome, longer lengths of stay, and a need for prone positioning 8-16 hours per day to improve oxygenation. LEAF™ will be piloted on patients at risk for developing pressure injuries in St. Joseph's Medical/Surgical Intensive Care Unit (MSICU) with the goal of evaluating sensor effectiveness in helping to reduce HAPIs.

Mother Cabrini Health Foundation

A **\$500,000** grant from the Mother Cabrini Health Foundation is helping St. Joseph's Health Hospital better manage and treat COVID-19 in the Central New York region. "In the Aftermath of COVID-19: Addressing Gaps in Care for Disparate Populations" is a multi-level, system-wide approach to enhancing care at the location of the community member and/or patient.

- First, to help people in our community keep from getting COVID-19, St. Joseph's and InterFaith Works of Central New York are partnering to support culturally relevant, translated information on vaccine safety and scheduling, and transportation needs for refugees, seniors, the poor, faith communities, people of color, and young adults.

- Second, care managers will work with patients in their homes to help keep them healthy, but also support their needs if they get COVID-19. Grant funds have provided tablets for care managers to help patients address issues resulting from COVID-19 (e.g., loss of job, homelessness, and unmanaged chronic disease); schedule COVID-19 vaccines; better understand the risks of contracting COVID-19 and vaccine hesitancy; and access unemployment/disability benefits, job applications, etc. Funding has also supported the purchase of a van and wheelchair lift so that care managers can drive patients who face transportation barriers to/from medical care, vaccine sites, the pharmacy, and social service agencies, among other important locations.
- Third, people will still get COVID-19 despite best efforts at prevention. Moreover, COVID-19 has led to an increase in diseases secondary to lack of community resources, access to resources, income loss, isolation, delayed medical care, increase in substance abuse, and attempted suicides. When patients finally access care, their disease states are so advanced that they often require care in St. Joseph's MSICU. Enhancing care patients receiving intensive care, funding from this grant has been used to purchase new ICU beds and mattresses – highly advanced medical equipment designed for advanced life support, in-bed procedures, reducing HAPIs, and providing 360-degree patient access.

A COMMITMENT TO COMMUNITY HEALTH **\$575,000**

It Starts Here

"It Starts Here" is a national COVID-19 Vaccine Promotion Campaign launched by Trinity Health through which partnering regional health ministries could apply for funding toward collaborating at the local level with community organizations and health departments on coordinated and aligned vaccine distribution, education and continued COVID-19 response. Funded initiatives are aimed at raising awareness, educating the public and offering vaccination in community accessible locations, particularly for communities of color and those who are vulnerable. To advance this important and life-saving work, St. Joseph's Health Hospital received a **\$70,000** "It Starts Here" grant to collaborate with InterFaith Works of Central New York on a campaign to increase trust for and access to COVID-19 vaccinations in CNY among elders, refugees, and historically marginalized and disproportionately impacted groups including Blacks, Latinos, and the Onondaga Nation.

CNY COVID-19 Community Support Fund

Through the Central New York COVID-19 Community Support Fund, the Central New York Community Foundation awarded **\$5,000** to purchase food to restock St. Joseph's Care Coordination Food Pantry so that patients in need have healthy eating opportunities to help address hunger relief. Grant funds were also used to purchase essential items for patients such as cleaning and sanitizing products to help mitigate the transmission of COVID-19. These emergency items are delivered by care managers to patients' homes.

Mother Cabrini Health Foundation

In 2020, St. Joseph's Health Hospital opened a Food Farmacy program to help address food insecurity and better manage chronic diseases such as uncontrolled Type 2 Diabetes. According to U.S. Department of Agriculture, in 2019, over 35 million Americans lived in households which were food insecure. Poor nutrition is a root cause of many chronic diseases. St. Joseph's pilot "Food is Medicine" initiative was made possible by a **\$500,000** grant from the Mother Cabrini Health Foundation. Much like writing a prescription for medication, a clinician will refer patients to the Food Farmacy where they will take part in an interdisciplinary program that provides nutritional counseling from a registered dietitian, diabetes self-management classes with St. Joseph's Family Medicine resident physicians, and support with medication management from a hospital pharmacist. Most importantly, participants will receive, at no cost to them, fresh and healthy food (including recipes) for two meals per day, five days per week, for the entire time they participate in the program. These meals are not only provided for the participant, but the other members in their household (up to six individuals, including the patient). This initiative is also offering a unique learning experience for resident physicians who provide care to some of our community's most underserved populations through the Family Medicine Residency Program at St. Joseph's Health. Having the availability of an on-site Food Farmacy, to where residents can refer their patients, will enhance patient care while also augmenting the education offered to tomorrow's primary care physicians.

TODAY'S STUDENT NURSES, TOMORROW'S NURSE LEADERS **\$3,750**

Health @ CLRC

Health @ CLRC (Central New York Library Resources Council) approved a **\$3,750** in grant funds to St. Joseph's College of Nursing Library for participating in the Hospital Library Services Program (HLSP). The HLSP initiative assists hospital libraries in non-profit hospitals licensed by the New York State Health Department to enhance and expand library resources. Funds can be used to purchase supplies, electronic resources such as online journals and e-books, professional development for hospital library staff, and computer technology, among other possible library needs.



SUPPORTING COMMUNITY PARTNERS **\$170,000**

Syracuse Onondaga Food System Alliance and United States Department of Agriculture

Congratulations to the Syracuse Onondaga Food System Alliance (SOFSA) on a two-year, **\$170,000** planning grant from the United States Department of Agriculture (USDA). In partnership with Syracuse Grows, SOFSA was selected among 23 awardees for the USDA's inaugural round of its' Agricultural Marketing Service's Regional Food Systems Partnerships grant program. SOFSA will use these funds to:

- Collaboratively design our operational structures
- Invest in expanding our recruitment and engagement efforts
- Deepen our governmental relationships
- Fundraise to support joint projects as well as to sustain the partnership as a whole.

The crafting of this proposal and the compilation of the many letters of support involved the Onondaga County Agriculture Council, TCI-Syracuse/St. Joseph's Health Foundation, and Syracuse University for providing the 25 percent cash match. Syracuse Grows advanced this application on behalf of the SOFSA partnership.



Volunteer Profile: Pet Partners

Studies show that interaction with animals can reduce pain and anxiety in people with a range of health problems. That is the impetus behind Pet Partners, a national organization that trains pet therapy teams (an owner and their pet) and facilitates volunteer opportunities at hospitals, nursing homes, and schools.

Pet Partners of Central New York has volunteered at St. Joseph's Health Hospital since 2013. Mary Gilbert, now president of the organization, was among the first volunteer teams to visit St. Joseph's with her English setter Lucy. "She just made people smile and took their minds off of their worries for a bit," she says.

It wasn't just the hospital patients who enjoyed interacting with Lucy, but families in surgical waiting rooms and the hospital staff. "We might visit with seven or eight patients during a visit, but we also see 20 to 30 staff people as we move throughout the hospital," says Gilbert. "They stop and pet the dog. They talk about their own pets. It's a momentary stress reliever for them."

The relationship between Pet Partners and St. Joseph's was created out of the hospital's Office of Patient Experience. In 2013, Rachelle Lando was appointed to a newly created position as coordinator of healing arts, which implements

holistic complementary therapy services for patients. The pet therapy program was the first program initiated. "We had immediate support from administration, but it took about eight months to implement because we had to go through risk management to make sure the animals wouldn't be germ carriers," she recalls. "We studied other hospitals and their policies."

At any given time, St. Joseph's has four regular Pet Partner teams that visit the hospital weekly. The only exception was during the pandemic when no volunteers of any kind were allowed. "We were so worried about the staff," says Gilbert. "These are people we have come to know and love."

The feeling is clearly mutual. "I was asked weekly—when are the dogs coming back?" says Lando.

St. Joseph's supports the Pet Partners program through an annual "Bark Sale" fundraiser where staff members donate raffle baskets and bake homemade dog treats that are sold to visitors and staff.

"It's a real team partnership," says Gilbert of the relationship between St. Joseph's and Pet Partners. "We all understand it can be pretty dreary being in a hospital. A visit from our dogs makes everyone's day a little brighter."



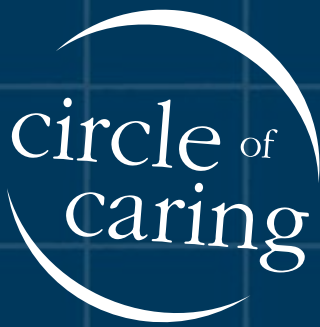
FINANCIALS

St. Joseph's Health Foundation

Statement of Operations

FOUNDATION REVENUE	2021	2020	2019	2018
Funding, Including Program Services & Events	487,001	718,495	800,191	850,093
Increase in Restricted Funds	1,072,355	1,120,375	1,443,094	2,496,702
Investments	3,655,460	98,992	597,326	733,031
Total Revenue	5,214,816	1,937,862	2,840,611	4,079,826
EXPENSES				
Funding, Including Program Services & Events	500	106,025	211,946	151,859
Operations	1,237,056	1,830,884	1,869,010	1,649,339
Donations to St. Joseph's Health	192,753	550,912	2,208,152	6,099,320
Total Expenses	1,430,309	2,487,821	4,289,108	7,900,518
Increase (Decrease) In Net Assets	-2,815,126	-549,959	-1,448,497	-3,820,790
Total Net Assets	18,044,279	15,229,153	15,779,112	17,227,609

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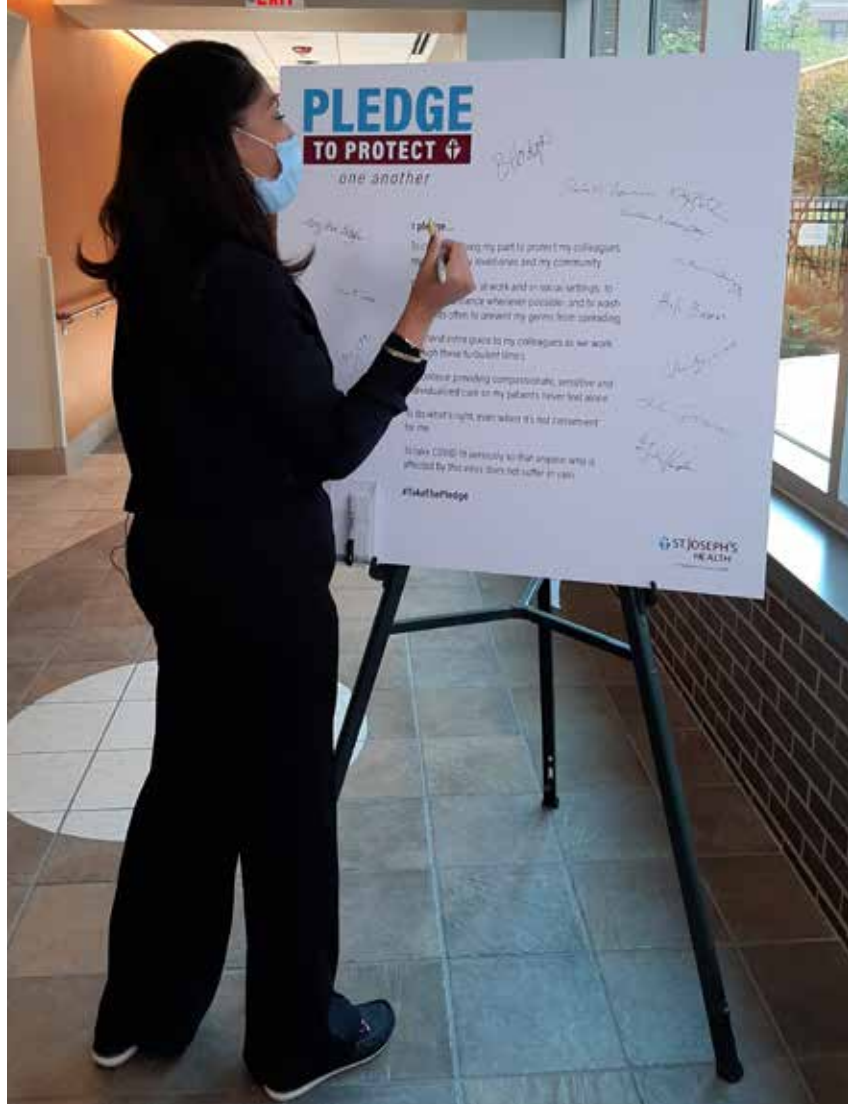
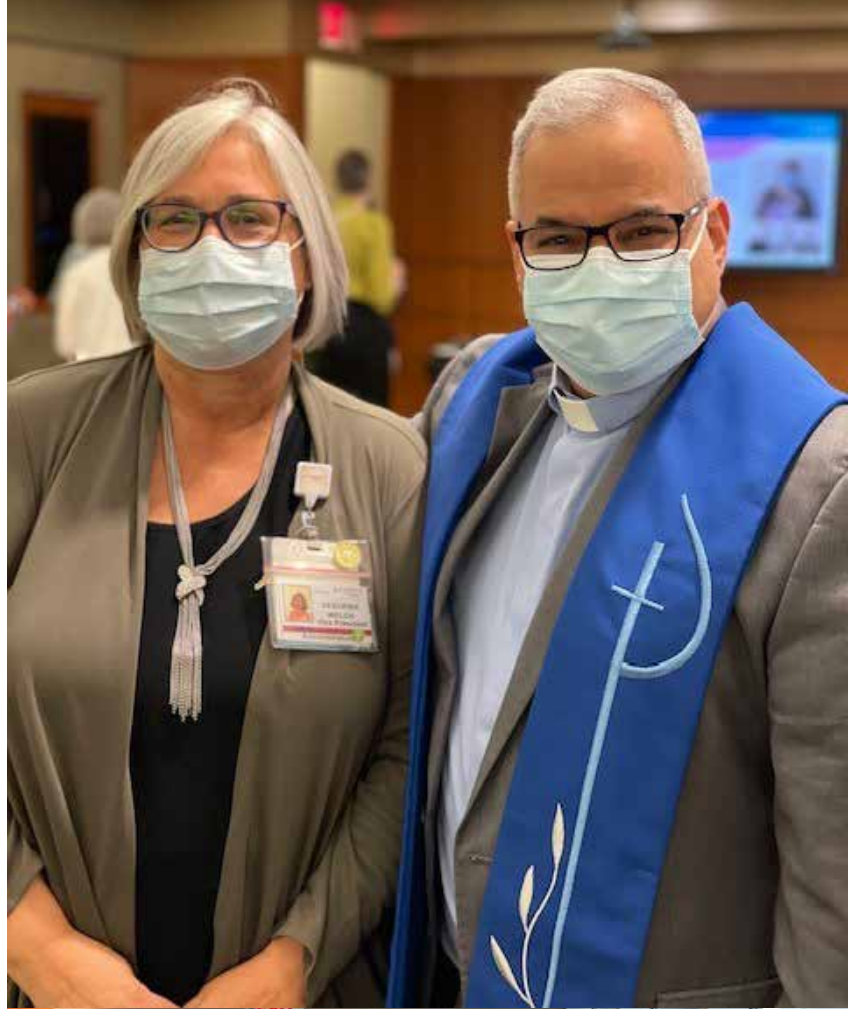
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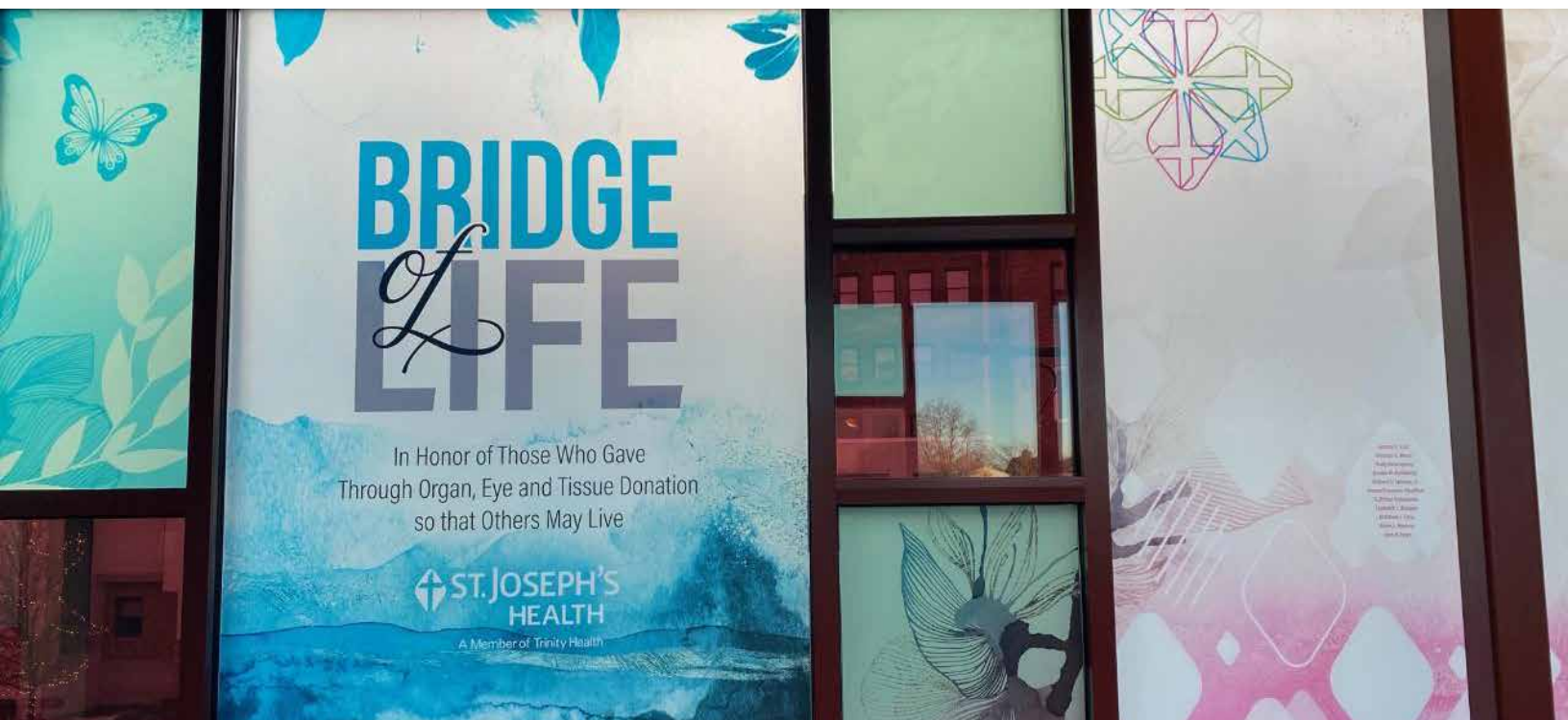
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COLLEGE OF NURSING



Since 1898, St. Joseph's College of Nursing has graduated approximately 5,800 exceptional nurses. St. Joseph's College of Nursing graduated 167 students in the past year; 81 graduates from the Class of December 2020 in the evening/weekend option and 86 from the Class of May 2021 in the weekday option. The Associate Degree in Applied Science (A.A.S.) with a major in nursing was conferred on graduates in both options. Some graduates in the Accelerated Dual Degree Partnership in Nursing (A-DDPN) option also earned a Bachelor of Science degree from Le Moyne College. Due to the pandemic crisis and associated essential restrictions for safety put in place for large gatherings, a virtual commencement ceremony was held for the Class of December 2020 on December 13, 2020. A socially distanced commencement ceremony was held for the Class of May 2021 at the Palace Theatre on May 15, 2021. St. Joseph's College of Nursing congratulates all students on their graduation and commend their perseverance, resiliency, and commitment to nursing that was consistently demonstrated during times of uncertainty throughout 2020 and 2021.

The National Council Licensure Examination (NCLEX-RN®) is a nationwide examination for the licensing of nurses in the US and Canada. St. Joseph's College of Nursing graduates achieved a 90% overall year to date first-time pass rate in 2020, well above state and national means. Over 65% of the graduates from the Class of December 2020 and May 2021 have accepted positions at St. Joseph's Health Hospital.

St. Joseph's College of Nursing presents scholarships and awards in recognition of students Commitment to Nursing celebration and Graduation. In 2021, \$33,000.00 was presented to award recipients. These scholarships and awards are made possible from generous alumni and donors of the college.

Each year St. Joseph's College of Nursing's recognizes the 50th Anniversary of Graduation for the class that is celebrating this milestone. Due to the pandemic, the 50th Anniversary of Graduation luncheons for the Class of 1970 and the Class of 1971 were cancelled. It is anticipated that the 50th Anniversary of Graduation for both the Class of 1970 and 1971 will be celebrated in June 2022.



Scholarship Recipient: Patrick Salanger

Patrick Salanger had just begun a Licensed Practical Nursing (LPN) program when his father was diagnosed with glioblastoma. Salanger spent his days at school and helped care for his father in the evenings. Once he graduated, he became his father's full-time nurse until he died.

Salanger says his father had been his family's "glue." After his death, things fell apart. Salanger had long struggled with alcoholism and addiction and completed several stints in rehab. But his experiences with his caregivers only reinforced his desire to help others. "I just feel compelled to take care of people," he says.

He's had plenty of experience. He raised his nephew for three years so his sister could work and cared for his grandmother throughout the pandemic.

Nearly four years sober, Salanger is pursuing his Registered Nursing (RN) degree at St. Joseph's College of Nursing. He says he was drawn to St. Joseph's because of its faith-based mission. "Where else can you find a better representation of God's work being done all day everyday through his people," says Salanger. "I know that's not everyone's belief, but it's mine."

A second-year student, he is the proud recipient of the Dr. Carl I. Austin and Mary Dwyer Austin '47 Nursing Scholarship, named for the first medical director of St. Joseph's and his wife, who exemplified service to the community. The scholarship is awarded annually to an individual who perseveres through life's challenges and remains steadfast in their commitment to serving those less fortunate.

For Salanger, news of his scholarship couldn't have come at a better time. "Last semester was difficult," he says. His brother-in-law died in a snowmobiling accident. Then his grandmother passed away. "Receiving this positive feedback was just really meaningful for me," he says.

Salanger says the RN program is rigorous, particularly during an ever-changing pandemic environment. Nonetheless, he knows he's on the right path and hopes to work at St. Joseph's after completing his degree. "Because of my experiences, I have a lot of empathy. I just think nursing is a great profession, to do for others what they can't do for themselves."



Nursing School Grad Funds Scholarship Honoring Saint Marianne Cope

Karen Vogel Osborne grew up in Utica, New York, hearing about an esteemed nun in her family lineage who had cared for lepers in Hawaii in the late 1800s. While she knew little information about Mother Marianne growing up, she felt a mix of awe and pride at this heritage. When she studied at St. Joseph's College of Nursing in the late 1960s, she had no idea that this distant relative—Mother Marianne Cope—was one of the founders of the institution.

At the time, Osborne says there was a national focus on nursing education and federal scholarships funded her education. She went on to earn both a bachelor's degree and a master's in psychiatric nursing from Boston University, eventually settling in California and raising four children.

Earlier this year, Osborne established the Saint Marianne Cope Scholarship at the St. Joseph's College of Nursing to support an incoming nursing student. "I hope to make it easier for others to get their education at St. Joseph's the way the federal government made it easier for me," says Osborne.

She also wants to honor Saint Marianne's legacy of helping others. Through the years, Osborne felt a pull to learn more about Mother Marianne—her great-grandfather's cousin. Also a Utica native, Mother Marianne joined the Sisters of Saint Francis of the Neumann Communities in Syracuse in 1862 and in 1869 became a founding leader of St. Joseph's Hospital, the first public hospital in Syracuse and one of the first 50 general hospitals in the United States. She served as head administrator for six of St. Joseph's Hospital's first seven years. In 1883, she left for Hawaii, where she is credited for building the medical system on the island of Molokai during a leprosy epidemic and caring for those afflicted. She was beatified in 2005 and canonized as a saint in 2012, known as the "Mother of Outcasts."

Osborne visited Hawaii and toured the grounds on Molokai where Mother Marianne had lived and worked, and later, attended her canonization in Rome, Italy. A deeply spiritual person, Osborne says she had long wondered where that calling came from and became struck by her connections to Saint Marianne—from the choice to attend St. Joseph's College of Nursing when St. Elizabeth's was up the block from her home—to the discovery that one of the nuns who cared for

Saint Marianne's burial place on Molokai had studied with the same obscure meditation teacher in India that she had. "I don't really understand it, but it's brought grace into my life," says Osborne.

She hopes the scholarship will help bring attention to Saint Marianne's life of total dedication and that it will continue the generous work of this remarkable woman by supporting her students at St. Joseph's College of Nursing.



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AUXILIARY HIGHLIGHTS

The Auxiliary of St. Joseph's Health Hospital

The Auxiliary of St. Joseph's Health is an exceptional group of women, who continually give of their time, compassion and dedication to the St. Joseph's Health Hospital system. The Auxiliary continues to provide services to St. Joseph's, by serving the needs of the institution and assisting administration in any and every way possible. The Auxiliary Membership is made up of over 500 dedicated men and women – dating back to the establishment of the hospital in 1869 – and began shortly thereafter by Hannah Pease. The Auxiliary Board is comprised of over 30 women who volunteer their time and talent. As stewards of the St. Joseph's Health system, the Auxiliary supports the following services and initiatives

Operation Backpack

More than 800 backpacks were donated to children at their annual physical exams at Primary Care Center, Family Medicine, Dental, West Pediatrics, Specialty Services, West Family Medicine, and Mental Health James Street locations. The thousands of notebooks, paper, pens, pencils, rulers, tissues, folders and crayons were donated by the caring colleagues of St. Joseph's and members of the Auxiliary. This marked the 16th year of the Auxiliary's participation in the Operation Backpack Program, with more than 12,000 backpacks having been filled through this initiative.

The Care and Share Closet

This initiative continues to serve patients who are in need of new clothing and shoes upon their departure from St. Joseph's Health Hospital's Emergency Department. Auxilians continued to donate to this fund throughout the year

Membership

The Membership dues letter was mailed in the fall of 2020 along with a coupon for a free cup of coffee available from Holy Grounds Coffee Shop located at the hospital. The coupon was also sent to our Life Members of The Auxiliary of St. Joseph's Health Hospital as a thank you from the Auxiliary. During the pandemic it takes a village to help us with our mailings. In 2020 there were 73 Annual Members and 186 Life Members.

Sister Wilhelminia Scholarship

The Sister Wilhelminia Scholarship Fund's purpose is to provide an annual tuition scholarship on a competitive basis for St. Joseph's College of Nursing. The scholarship is given in memory of Sr. Wilhelmina who was appointed Director of the School of Nursing in 1943. She was named Treasurer and Administrator of St. Joseph's Hospital in 1951. 51 applications were received, the largest number of applicants in a few years. Two recipients were selected. A 3.0 grade point average (GPA) must be maintained each semester for the scholarship.



Sister Mary Obrist Scholarship

The Sister Mary Obrist Scholarship was awarded to a student attending St. Joseph's College of Nursing. In May 2009, The Auxiliary of St. Joseph's Hospital established a full scholarship to be awarded annually to a student in the Dual Degree partnership Nursing Program (DDNP). The Scholarship was named in honor of Sister Mary Obrist who formerly served as Vice President of Support Services of the Hospital. To be eligible for the scholarship and to maintain it, the applicant must have a 3.0 GPA or higher upon completion of his/her first year of study at Le Moyne College.

The Ellen Needham Pediatric Needs Fund

This fund honors the memory of Ellen Needham, daughter of Dr. and Mrs. Dwight Needham, who passed away in 1948. Donations are received from those who wish to memorialize someone who has passed or honor someone who is living. The annual Mass was canceled this year due to COVID-19.

Coat Drive

During fiscal year 2021 the Auxiliary learned of the need for coats for school aged children in the Syracuse community. An initiative was created throughout the system. Hundreds of new and gently used coats were donated and in turn donated to children in need. It is planned to make this an ongoing Auxiliary annual event.

The Gift Shop

Under a management agreement with Lori's Gifts, yet still overseen by the Auxiliary, Lori's Gifts continued to serve our patients, visitors and staff. Due to COVID-19 a restricted schedule was enacted and as a result, they were unable to pay their committed revenue of approximately \$2,000 per month. A contract extension was negotiated. All proceeds continue to go through the Auxiliary and are part of the Auxiliary's annual gift to the hospital.

Holy Grounds Coffee Shop

The Holy Grounds Coffee Shop continued to serve the patients, public and staff, under the management of St. Joseph's Health Hospital Nutritional Services. Due to the pandemic there was a restricted opening schedule. Proceeds will continue to be part of the Auxiliary's annual gift to the hospital.

Teen Volunteer Recognition Award

This year, the Auxiliary Board passed a motion to allocate \$200 to be awarded to 2 teens who will volunteered during the 2021 summer months at St. Joseph's Health Hospital. In accordance with St Joseph's Health core value of Stewardship, this award was presented in August 2021. Selected individual(s) will be recognized for zealously supporting both the Auxiliary and the Hospital in fulfilling the St. Joseph's Health mission. An application for this award will be included in the in-service Teen packets at the beginning of the summer. The selection process will be managed by the Volunteer Services Coordinator, with the help of an Auxiliary Board representative and an adult volunteer.

Ob-Gyn Clinic and Westside Clinic

These Clinics provide medical, emotional and social expertise for families. The Main Clinic focuses on expectant mothers and those with gynecological needs. The Westside Clinic serves families from pregnancy through adulthood. The Auxiliary Board offers help through donations of clothing, especially warm winter hats, gloves and socks as well as layette items. A special collection of these items and new toys are collected during the holiday season.

Wine, Beer & Spirits Tasting Event

The Annual Wine, Beer & Spirit Tasting event, a great source of revenue for the Board, was canceled due to COVID-19.

Volunteer Luncheon

As with all Trinity Health events for 2020-21, the St. Joseph's Health Volunteer Luncheon was virtual. This year's luncheon was titled "The Volunteer Luncheon That Never Was". A Volunteer Luncheon Program was designed that included all the components of a luncheon and was mailed to all volunteers.

Spring Raffle

This year, the Spring Raffle was delayed until a later time. However, in planning for future new fundraising opportunities, the committee created paperwork that will be useful to these types of events such as a required donor form, a thank you letter to donors, and a template for promotional advertising.

Annual Meeting

Due to the pandemic the Annual Meeting and Luncheon scheduled for June 2020 was held virtually. At the Annual Luncheon and Meeting, the Auxiliary presented to the St. Joseph's Health Foundation with a gift of \$85,000. The funds for this gift were generated from the services that the Auxiliary offers and manages throughout the hospital, including the Coffee Shop, Gift Shop, vending machines, baby photos, and the Lighting the Way event.

Hannah Fuller Pease Award

The Hannah Fuller Pease award was presented in June. This award is given to an Auxilian who exemplifies service to the organization with particular emphasis on values that Mrs. Pease championed for the hospital. The 2020 award was presented to Barbara Boyd.



Nominating

The Nominating Committee met several times during the fiscal year. Based on the new by-laws and discussion with Board Members nominated, the current 2020-21 Officers and Board Members, as reflected in the 2020 Annual Luncheon Program. In a typical year, Auxiliary members donate their time and dedication in the gift shop, at the information desk, in the surgical waiting room, Heart support, MCHC Reading Program, and as greeters in the lobby. Due to COVID -19 these volunteer activities were restricted for the safety of all.

Volunteers at St. Joseph's Health Hospital may choose to participate in services providing patient contact, non-patient related services, and fundraising activities. If you know of anyone that would like to join our team of compassionate volunteers, please have them contact the Auxiliary office at 315.448.6100.

Lighting the Way

A new Auxiliary Board fundraising initiative was launched, Lighting the Way, supported by the St. Joseph's Health Foundation and by generous support from IBEW Local 43 / NECA Finger Lakes Chapter. IBEW / NECA committed to being presenting sponsors over 5 years for total support of \$50,000. Proceeds from this event helped the Auxiliary maintain their annual revenue goal. Lighting the Way raised approximately \$20,000.



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Thank you

As we continue to navigate through this very challenging pandemic, we are so grateful for your philanthropic support. The St. Joseph's Health Foundation, and more importantly our patients and students, rely on the generosity from our greater St. Joseph's Health family who remain committed to our incredible health system. As a result of your generosity, here are just some of the generous gifts that were recognized this past fiscal year in support of our patients and students:

- Financial Hardships due to COVID-19
- Food Farmacy program
- Oasis Break Rooms
- Endowed Scholarships in support of our College of Nursing students
- Grateful Patient gifts - Vascular Services, Surgical Services, etc.
- Planned Gifts - College of Nursing, Capital projects, etc.
- College of Nursing - Scholarship support
- Breast Cancer - Patient Services
- Trinity Health - Vizient/AACN Nurse Residency Program
- Fetal Brain Monitor - Neonatal Intensive Care Unit (NICU)
- COVID-19 - Personal Protective Equipment (PPE) donations

Thank you for your compassionate support! We at St. Joseph's Health are continually inspired by the dedication and generosity of donors like you who truly make a difference!



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